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Canada Liberal Party Elects Carney To Succeed Trudeau, Face Trump's Challenge



Ottawa: Canada's Liberal Party has elected a financial expert, Mark Carney, to guide the nation through the showdown with US President Donald Trump.He received a landslide victory on Sunday in the bid to succeed embattled Prime Minister Justin Trudeau and hold the office till the elections due later this year.Throwing Trump a challenge, he said after his election, "We didn't ask for this fight, but Canadians are always ready when someone else drops the gloves".Uniquely, he has been the governor of both the British and Canadian central banks giving him the credentials to lead the nation through the crisis sparked by Trump's tariffs, although he is a political novice without ever holding an elected office."America is not Canada. And Canada never, ever, will be part of America in any way, shape or form", Carney declared.In speeches and social media posts, Trump has called Canada as the "51st state" of the US and its prime minister as a "governor".He has imposed 25 tariffs on Canada's exports to the US in a bid to make it bend to his will, although he has paused some of them.Carney said, "The Americans want our resources, our water, our land, our country".

Using a sports motif, he taunted Trump, "So Americans should make no mistake: In trade, as in hockey, Canada will win".It was a reference to Canada defeating the US last month in the "4 Nations Faceoff", an international ice hockey tournament.Carney, who supports retaliatory tariffs against the US said, "My government will keep our tariffs on until the Americans show us respect".He also hinted that Canada would use its electricity supply to the US as a bargaining chip.Trudeau has led the Liberal Party for 13 years and served as prime minister for nearly ten years.He agreed in January to step down in the face of mounting opposition within his own party as his standings slid in polls, threatening to drag down the Liberals in the oncoming election.His prime ministership was marred by his antagonism toward India and an undercurrent of sympathy for Khalistanis as well as his acerbic style that contributed to the confrontation with Trump.Carney, not having held elected office and having the economic crisis with the US as the top priority, will not have the same need for Khalistani support. Dealing with the economic crisis is not new for Carney, who as the governor of the Bank of England, helped steer Britain through the Brexit.

Govt Identifies 3,738 Bangladeshi Infiltrators In Odisha: CM Majhi



Bhubaneswar(correspondent): As many as 3,738 Bangladeshi nationals have been identified across the state, with their deportation under consideration, informed Odisha Chief Minister Mohan Charan Majhi in the State Assembly on Monday.Majhi's reply came in response to a query raised by BJP MLA Manas Kumar Dutta, who wanted to know what steps the Odisha government has taken to identify Bangladeshi infiltrators living illegally in Odisha and deport them.In response to Dutta's question, CM replied that the Odisha government has identified 3,738 Bangladeshi nationals living in the state, with the highest concentrations found in four districts: Kendrapara (1,649), Jagatsinghpur (1,112), Malkangiri (655), and Nabarangapur (106).In his reply, the Chief Minister also informed the House that in the last 10 years, 41 Bangladeshi nationals were found to be involved in various criminal cases in Odisha. All district Collectors and Superintendents of Police (SPs) have been directed to identify Bangladeshi infiltrators in their respective jurisdictions.

Bengal Assembly Ruckus: One BJP MLA Suspended, Two Others Forced Out Of House



Kolkata: Ruckus prevailed in the West Bengal Assembly on the first day of the budget session on Monday as BJP legislators staged protests after the microphone of another BJP MLA was disconnected in the midst of his speech during a debate on the budgetary allocations.As the BJP legislators protested on the floor of the house, one party legislator Dipak Barman from the Falataka Assembly constituency in Alipurduar district was suspended from the house for the day.As the protests by the BJP legislators continued, the Speaker of the House Biman Bandopadhyay called the Marshal of the Assembly and forced two other party MLAs namely Shankar Ghosh from Siliguri Assembly constituency in Darjeeling district and Manoj Kumar Oraon from Kumargram assembly constituency in Alipurduar out of the house.Thereafter, the BJP legislators staged a walkout from the house and started protesting at the Assembly lawn outside shouting slogans.Trouble started while BJP's legislator from Kharagpur (Sadar) constituency in West Midnapore district and actor-turned-politician Hiran Chatterjee was participating in the debate on budgetary allocations for certain state government departments on the floor of the house.As Chatterjee raised some questions about the advertising policies of the state government, the Speaker stopped him and told him that there was no point in raising such issues on the floor of the house.Hiran Chatterjee countered and said that the Speaker had no authority to decide on what subject he would speak about on the floor of the house. Chatterjee also alleged the inclusion of the influenced persons in commissions related to public service as a result of which the people, in general, were deprived of the service due to them.

Telangana Tunnel Tragedy: Intense Efforts On To Trace Remaining 7 Missing Men



Hyderabad, March 10: Day after recovering one body from the debris, rescue teams continued intense efforts to search for the remaining seven people in the SLBC tunnel in Telangana's Nagarkurnool district on Monday.Rescue teams from various agencies were undertaking digging work at another point identified by the cadaver sniffer dog squad from Kerala.Rat miners from Uttarakhand, miners from Singareni Collieries and personnel from the National Disaster Response Force (NDRF) were carefully digging around the point with mini-excavators. The search operation continued for the 17th day in the last 70 metres of the 14-km-long tunnel, where the eight workers were trapped after a portion of the tunnel roof collapsed on a Tunnel Boring Machine (TBM) on February 22.Rescue workers on Sunday evening exhumed one body from the point identified by the cadaver dog squad.The body was identified as that of TBM operator Gurpreet Singh. The 40-year-old hailed from Punjab and was working for Robbins Company, which supplies and operates tunnel boring machines.The body was shifted to government hospital at Nagarkurnool and after completing medical and legal formalities was taken to his hometown in Punjab.The seven people yet to be traced are Manoj Kumar and Sri Niwas from Uttar Pradesh, Sunny Singh from Jammu and Kashmir and Sandeep Sahu, Jegta Xess, Santosh Sahu and Anuj Sahu, all from Jharkhand.The rescue agencies hoped that more bodies would be recovered soon based on the sniffer dog leads and the ground probing radar (GPR) scanning information provided by the National Geophysical Research Institute (NGRI).The rescue workers continued to face challenges due to the debris of the TBM and the large amount of muck.

Five Including Two Children Die In Firecracker Shop Blaze In Jharkhand's Garhwa

Ranchi: At least five people, including two children, lost their lives in a massive fire that broke out at a firecracker shop in the Godarmana market of Garhwa district, Jharkhand, on Monday around 11.30 a.m., officials said.The deceased have been identified as Kush Kumar Gupta, Ajit Kumar Kesari, Sushila Kerketta, Ayush Kumar Kesari, and Piyush Kumar Kesari. According to sources, Kush Kumar Gupta ran a grocery and firecracker shop in the market, with two warehouses located behind it. The fire broke out suddenly, triggering an explosion that caused the shop's shutter to close, trapping those inside and preventing their escape.Locals rushed to the scene upon hearing the explosion. Despite efforts to douse the flames using buckets and water tankers, the fire had already engulfed the shop.

Delhi CM Rekha Gupta To Present Budget 2025-26 On March 25



New Delhi: The second session of the Budget Session of Delhi Assembly will commence on March 24 and last till March 28 with Chief Minister Rekha Gupta presenting Budget 2025-26 on March 25, said an official on Monday.After the discussions on the Annual Budget on March 26, it is likely to be passed on March 27, said a Bulletin issued by the Assembly Secretariat. The Bulletin also indicated the revival of the practices of Question Hour and Private Members' resolutions that were discontinued under the AAP government since 2015.For transaction of business, Speaker Vijender Gupta has scheduled sittings on March 24, 25, 26, 27 and 28 besides issuing fresh guidelines for issuing Visitors' Gallery Passes.The practice of Special Mention under Rule 280 of Rules of Procedure and Conduct of Business will also be restarted, indicated the Bulletin.The Bulletin said members who want to raise matters under Rule-280 may give notice of the same by 5 p.m. on the working day preceding the date of sitting on which the matter is proposed to be raised.Balloting for fixing inter-se priority for the first 10 notices will be held in the room of the Secretary, Legislative Assembly at 9.30 a.m. on the day which it is proposed to be raised, it said."Notices for Special mention can be given for March 24, 26, 27 and 28. Members are requested to confine the text of the Special Mention to 8-10 lines only and not to deviate from the original text while raising the same on the floor of the House. Any deviation will be disallowed and treated as summarily expunged from the proceedings. The matter should relate to only one department and raise only one issue," said the Bulletin.While issuing guidelines for Visitors' Gallery, the Speaker has mandated that members should recommend the names of persons for visitors' gallery only if they are personally assured about the visitors' antecedents.The Bulletin said applications for passes will not be entertained unless they bear the signature and stamp of the MLA concerned and are enclosed with copies of photo I-Cards of the visitors duly attested by the concerned MLA."

Mhow Group Clashes: MP Police Apprehends 12

Bhopal: An official said on Monday that following the stone pelting incident and subsequent violence involving several miscreants in Madhya Pradesh's Mhow (Ambedkar Nagar), the situation is now under control.He said that 12 suspects have been arrested so far while FIRs have been lodged against thirteen persons."Extensive security measures have been implemented to ensure safety," he said.Meanwhile, talking to IANS, DIG (Deputy Inspector General) Indore Nimish Agrawal reported that FIRs (first information reports) have been filed against 13 individuals, while 12 have been arrested, with some facing potential action under the National Security Act (NSA)."A strict vigil is being maintained in the town. None is allowed to form unlawful assembly," the officer further said.Group clashes erupted on Sunday night shortly after India won the Champions Trophy and the people in Mhow took out a celebratory rally. Suddenly, stones began raining down on the rally, leading to communal clashes near the Jama Masjid area.When asked about the exact reason for the stone-pelting, the senior police officer explained that it began near a mosque where members of the celebratory rally clashed with another group, leading to a physical altercation.Initial reports suggest that the rally, originating from different areas, had disputes over firecracker celebrations. The ongoing investigation will clarify the responsible parties.All authorities are taking firm action against those responsible for the disturbances. A thorough investigation is underway, and no offender will be spared. Strict measures are being taken against the culprits, the police officer said.Upon receiving information about the incident, Indore Collector Ashish Singh and senior police officers including Nimish Agarwal promptly reached Mhow and remained on-site late into the night to manage the situation.The police reported five separate incidents of violence in various areas of the town, with three cars and several two-wheelers attacked and set on fire.Collector Ashish Singh stated that thirteen persons have been arrested for arson and violence, and the situation in Mhow is now under control. Additional FIRs will be filed based on witness statements, and some related videos have surfaced, said the senior police officer.The DIG assured that peace has been restored in the area, and stringent action will be taken against those responsible for the violence.

Senior Citizen Arrested In Kolkata On Charges Of Raping Woman In City Hotel

Kolkata: A senior citizen was arrested on charges of raping a Delhi-based woman at a south Kolkata hotel last week, police said on Monday. According to the complaint registered by the woman, a resident of New Delhi but currently staying in Kolkata for her job with a bar-cum-restaurant, she was called by the accused to the hotel room on March 7 evening on the promise of a job.The victim had also claimed in her complaint that the accused, who is a senior citizen, claimed to be a businessman.The accused is a resident of Bhawanipur, which comes under the same police station where the hotel is located.In her complaint, she claimed after she reached the room on the evening of March 7, the accused raped her, and then threatened her with dire consequences if she revealed the incident to anyone.She was in a state of shock for the first couple of days and decided to remain silent for some time. However, later she contacted the police and filed a complaint.Based on her complaint, police registered an FIR and arrested the accused. He was presented before a city court on Monday and sent to police custody.West Bengal had been in the news for the last six months for a series of reported cases of rape and rape & murder and in many cases, the victims were minors. The most talked about case in the matter was the ghastly rape and murder of a junior woman doctor of the state-run R.G. Kar Medical College & Hospital in Kolkata within the hospital premises last month.

Govt Seeks Additional Rs 51,462 Crore In Supplementary Demand For Grants



New Delhi: Finance Minister Nirmala Sitharaman on Monday tabled the second batch of supplementary demands for grants in Parliament, seeking approval for Rs 6,78,508.10 crore in additional spending for the government during financial year 2024-25 that ends March 31 this year.This includes 52 grants and three appropriations. Of this, the net cash outgo – the actual additional spending requiring fresh funding – amounts to Rs 51,462.86 crore, while the rest is being offset by savings and enhanced receipts across various ministries.The largest allocations include defence pensions (Rs 8,476 crore), communications (Rs 10,910.71 crore), finance (Rs 13,449 crore), and agricultural schemes (Rs 6,044.76 crore).The net amount sought by the government in 2024-25 will cover the spending of Rs 7,000 crore towards the Unified Pension Scheme, which was announced during the ongoing financial year and will come into effect from April 1.The UPS, offered as an alternative to the National Pension System, provides for a pension of 50 per cent of the last drawn pay for government employees retiring after 25 years in service. The additional funds will also be used towards the Rs 12,000-crore Oil Industry Development Fund. The OIDC fund, announced in the Union Budget for fiscal year 2025-26 presented in February, will cover the shortfall in subsidy for liquified petroleum gas (LPG) to households and for fertilisers to farmers.The government would also allocate Rs 2,185.63 crore for additional expenditure towards Pradhan Mantri Kisan Samman Nidhi – the central scheme which provides Rs 6,000 per year directly into the accounts of eligible farmers.

ED Seizes Rs 10 Lakh & Digital Devices During Raids Across Three States

Jaipur: Directorate of Enforcement (ED) has seized cash amounting to Rs 10 lakh, incriminating records and digital devices during raids at sixteen locations across three states including Jaipur, Ajmer, Udaipur, Noida and Mumbai under the provisions of the Prevention of Money Laundering Act (PMLA), 2002 in connection with money laundering investigation.These raids were related to a case wherein huge illegal foreign remittances have been made in lieu of the gold/diamond/precious stones smuggling, said officials on Monday.ED initiated an investigation on the basis of various complaints filed by Customs (Preventive), Commissionerate, Jodhpur u/s 132 and 135 of Customs Act, 1962 before Chief Metropolitan Magistrate (Economic Offences), Jaipur which revealed that approximately Rs 400 Crore were remitted to various overseas entities based at Hongkong and UAE through various bank accounts of M/s Belstar Techno Solution (OPC) Pvt Ltd and M/s Visual Bird Technology, after routing through web of multiple shell companies, in the guise of import of services which were never received.However, in actuality, the funds were remitted outside India against the illegal import of Gold/diamonds/precious stones. Further investigation is under progress, said officials.A Jaipur trader has emerged as the prime accused in a large-scale financial fraud case involving illegal fund transfers abroad.Allegedly, he was operating a company from Hong Kong while residing in Jaipur. Initially investigated by the Customs Department, the case was later taken over by the Enforcement Directorate (ED) following allegations of illegal gold and diamond imports.The ED is conducting the operation under the Prevention of Money Laundering Act (PMLA), the case involves crores of rupees being transferred abroad through anonymous companies and hawala transactions.Sources said that the case revolves around the illegal transfer of crores of rupees abroad. It is alleged that the accused conducted massive hawala transactions through benami companies.The Customs Department was initially investigating the matter but handed it over to the ED after uncovering evidence of a gold and diamond smuggling conspiracy.

Centre Appoints 3 Permanent Judges To J&K And Ladakh HC

New Delhi: The Centre on Monday cleared the appointment of three permanent judges to the Jammu & Kashmir and Ladakh High Court following the recommendation made by the Supreme Court Collegium.In a post on X, Union Minister for Law and Justice Arjun Ram Meghwal announced that the President, after consultation with the Chief Justice of India (CJI), has appointed Justices Wasim Sadiq Nargal, Rajesh Sekhri, and Mohd. Yousuf Wani as permanent judges of the J&K and Ladakh HC.In its meeting held on March 5, the Supreme Court Collegium approved the proposal for the appointment of the above additional judges as permanent judges in the Jammu & Kashmir and Ladakh High Court.



The Chief Justice and Judges of the High Courts are to be appointed by the President under clause (1) of Article 217 of the Constitution.The Chief Justice, while sending his recommendation for appointing an additional Judge as a permanent Judge, must, along with his recommendation, furnish statistics of month-wise disposal of cases and judgments rendered by the judge concerned as well as the number of cases reported in the Law Journal duly certified by them.

Eight Killed In Truck-SUV Collision In MP's Sidhi

Bhopal: At least eight people were killed and 13 others severely injured in a head-on collision between a truck and a sports utility vehicle (SUV) during the early hours on Monday under the City Kotwali area of Sidhi in Madhya Pradesh.The injured persons were immediately taken to hospital, of them nine are reportedly critical. Most of them were referred to Rewa for further treatment. A goat also died in the incident.

Mauritius Key Partner In Indian Ocean, Gateway To African Continent: PM Modi



New Delhi: Prime Minister Narendra Modi on Monday said that he is looking forward to engaging with the Mauritius leadership to elevate the partnership between the two countries in all its facets during his two-day State Visit to the Indian Ocean archipelago, beginning early Tuesday morning."Mauritius is a close maritime neighbour, a key partner in the Indian Ocean, and a gateway to the African Continent. We are connected by history, geography and culture. Deep mutual trust, a shared belief in the values of democracy, and celebration of our diversity are our strengths. The close and historical people-to-people connect is a source of shared pride. We have made significant strides in the past 10 years with people centric initiatives," PM Modi said in his departure statement.PM Modi will be in Mauritius at the invitation of country's Prime Minister Navinchandra Ramgoolam to attend the country's National Day celebrations as the Chief Guest on Wednesday."I look forward to the opportunity to engage with the Mauritius leadership to elevate our partnership in all its facets and strengthen our enduring friendship for the progress and prosperity of our peoples, as well as for security and development in the Indian Ocean Region, as part of our Vision SAGAR," said PM Modi."I am confident that this visit will build on the foundations of the past and open a new and bright chapter in the India and Mauritius relationship," he added.The unique and special India-Mauritius relationship, that has deepened significantly over the last 10 years, is set to consolidate further during Prime Minister Modi's visit to Port Louis.

SC Slams J&K Administration For 'Harassing' Daily Wage Workers Over Regularisation

New Delhi: The Supreme Court has termed "shocking" and "prima facie contemptuous" the repeated harassment of daily wage workers by the authorities in the Union Territory of Jammu & Kashmir, by passing "cryptic orders" overlooking the judicial order regarding their regularisation."We are constrained to observe that the present case is a glaring and textbook example of obstination exhibited by the state officials/authorities, who consider themselves to be above and beyond the reach of law," a bench headed by Justice Surya Kant said.The inaction of the



officers of the Union Territory of Jammu & Kashmir, who took about 16 years to comply with a simpliciter High Court order passed in May 2007, is shocking and prima facie contemptuous, it added."What concerns us is not the delay of decades alone, but also the incontrovertible fact that the poor respondents, being daily wage workers, have been repeatedly harassed by the petitioners (authorities) by passing cryptic orders, thereby overlooking the true import and spirit of the order dated May 3, 2007, passed by the learned Single Judge (of the Jammu & Kashmir and Ladakh at Srinagar)," the Justice Kant-led Bench said.However, the Supreme Court refrained from recommending strong disciplinary actions against officials or imposing exemplary costs on the delinquent officers, keeping in view the fact that the contempt proceedings are still pending before the J&K and Ladakh HC."We, consequently, request the learned Single Judge to take up the contempt proceedings on a weekly basis and ensure that majesty and sanctity of law are well maintained," ordered the apex court as it dismissed the Special Leave Petition of the Union Territory of Jammu & Kashmir.

Bharatpur PS Case: Justice CR Das Commission Submits Report To Odisha Govt

Bhubaneswar (correspondent):: The Justice Chitta Ranjan Das Commission, constituted to investigate allegations of police excesses against a serving army officer and his fiancée at Bharatpur police station, submitted its 282-page report to the Odisha government today.The Commission handed over its report to the Home Department Secretary, marking the conclusion of a six-month-long probe into the high-profile incident that sparked nationwide outrage.The Commission examined 525 affidavits and questioned at least five individuals during its investigation, which began on October 1, 2023. The case dates back to September 15, 2024, when the army officer and his fiancée were allegedly harassed and assaulted by a group of miscreants and later subjected to custodial torture by the Bharatpur police. According to the complaint, the couple was returning home after closing the fiancée's restaurant when their vehicle was intercepted by 12 persons traveling in three cars near Patharagadia in Bhubaneswar. The miscreants reportedly hurled abuses at the army officer, made lewd comments toward his fiancée, and physically



assaulted him when he tried to resist. The situation escalated when the officer attempted to record the incident on his mobile phone, prompting the assailants to threaten the couple with dire consequences.The couple managed to escape and rushed to the Bharatpur police station to file an FIR. However, instead of taking action against the accused, the police allegedly subjected the couple to further harassment. The fiancée was reportedly taken into custody, stripped, and sexually assaulted by police personnel. In an attempt to resist the torture, she bit the hand of a woman police officer.Following the incident, the fiancée was arrested and produced in a local court, which rejected her bail plea and sent her to judicial custody. However, the Orissa High Court later granted her bail, and she was admitted to AIIMS-Bhubaneswar for medical treatment. The alleged custodial torture triggered widespread condemnation, leading to the suspension of five police officials, including the Inspector In-Charge (IIC) of Bharatpur police station.

5 Arrested For Gold Robbery At Gunpoint In Balangir



Balangir(correspondent): Five persons, including a minor, were arrested for robbing a woman of gold ornaments worth lakhs at gunpoint in Balangir district.The robbery took place near Ghunsar village under Saintala Police Station area on March 8.The arrested persons have been identified as Pintu Sahoo, Vidya Shankar Sahoo, Pintu Sahu, and Chintamani Sahoo, all from the Saintala area.According to police reports, the victim, Pandab Pradhan's wife, was returning home after attending a wedding when the incident occurred.Four robbers, riding two bikes, stopped her vehicle near College Road. They threatened her with a gun and stole the gold jewelry she was wearing. Pandab Pradhan later filed a complaint with the Saintala Police.During the investigation, the police discovered that the driver of the rented vehicle the couple had used for the wedding was the mastermind behind the robbery. The driver, along with his four friends, was arrested.The police seized two bikes, four mobile phones, a country-made gun, and the stolen gold ornaments from the suspects.

Goods Train Hits Ambulance In Rayagada, No Casualties

Rayagada(correspondent):: The occupants of an ambulance had a narrow escape when a goods train hit their vehicle near Kanipai while crossing the railway track between Sikarpai and Bhalumaska stations on the Rayagada-Malkangiri via Koraput line on Monday. Fortunately, no one inside the ambulance sustained injuries.According to reports, the ambulance, belonging to an eye hospital, was carrying eight patients scheduled for eye surgery from the villages of Kanipai, Kanjam Jodi, Jhakudu, Betalang, and Chakrakalang under Kalyansinghpur block's Sikarpai panchayat. An ASHA worker was also



on board.The vehicle was struck by a freight train near Kanipai while attempting to cross the railway track. The impact caused the train to drag the ambulance nearly 100 meters before the loco pilot applied emergency brakes, bringing it to a halt. Local residents have raised serious concerns about the safety of the railway crossing, highlighting that this is the third such incident at the same location. Despite repeated written complaints to railway authorities, Members of Parliament (MPs), Members of the Legislative Assembly (MLAs), and the district administration, no action has been taken to construct an overpass or underpass at the crossing.

Crackdown On Illegal Sand Mining In Odisha: 73 Arrested, 117 Vehicles Seized

Balasore(correspondent):: In a major crackdown on illegal sand mining, police in three districts of Odisha's Eastern Range arrested 73 persons and seized 117 vehicles."In the eastern zone, which includes Balasore, Mayurbhanj, and Bhadrak, a special drive was carried out from March 7 to 10, 2025, under the orders of the DGP," said Dr. Satyajit Naik, DIG Eastern Range of Balasore."During the operation, 62 cases were registered, 73 people were arrested, and 117 vehicles were seized," he added.He further stated that in 2024, a total of 674 cases were registered, 536 people were arrested, and 773 notices were served.Dr. Naik also mentioned that in 2025, up until January, 258 cases were registered, nearly 400 people were arrested, and 372 vehicles were seized in cases of illegal sand mining from various districts including Balasore, Mayurbhanj, and Bhadrak.



Odisha Identifies 45 Pumped Storage Projects For Renewable Energy Storage & Devpt

Bhubaneswar (correspondent):: Odisha has identified 45 potential sites for Pumped Storage Projects (PSPs), which play a crucial role in renewable energy storage and management.Out of these, 10 projects are set to be implemented by various Public Sector Undertakings (PSUs) at the government level.Additionally, several private companies have independently identified sites for PSPs, and the development rights for these projects will be allocated on a first-come, first-served basis.This announcement was made by Deputy Chief Minister and Minister of Agriculture, Farmer Empowerment, and Energy,



Kanak Vardhan Singh Deo, during a high-level meeting held today.The meeting also reviewed the progress of a Memorandum of Understanding (MoU) signed between the Odisha Government and Telangana's Sangamam Power Project Company during the recent Utkarsh Odisha Conclave. The agreement focuses on establishing a Pumped Storage Project in the state.Inspired by the Indian Prime Minister's emphasis on clean fuel and green energy, Deputy Chief Minister Singh Deo reiterated Odisha's commitment to the production and utilization of green energy. "Odisha is fully aligned with the national vision of promoting renewable energy and sustainable development," he said.Sangamam Power Project Company has already prepared a detailed project report for setting up a 1000 MW PSP at Sunki in Koraput district.

Beef Controversy: Meat Samples Sent for Testing from Jaya Hotel

PURI, (correspondent):A roadside eatery, Jaya Hotel, located in Satyabadi, Odisha, has come under scrutiny after a viral video alleged the sale of beef.Authorities swiftly sealed the establishment and imposed Section 163 of the BNS, creating a one-kilometer prohibition zone around the hotel to maintain law and order.Officials have sent the meat sample from the hotel to the Odisha University of Agriculture and Technology (OUAT) in Bhubaneswar for testing. The Puri district administration is ensuring independent monitoring of the procedures due to the sensitive nature of the issue.Additionally, meat samples from vendors in Satyabadi and Puri town have been collected for examination. An individual injured in an altercation related to the incident is currently receiving medical care.Puri Superintendent of Police confirmed that a detailed probe is underway, and appropriate action will be taken based on the findings. Food safety officials and multi-disciplinary squads are conducting regular raids to ensure compliance with regulations. Authorities urge the public not to believe in rumors and to support the efforts of the police and district administration.

Odisha Oppn Creates Pandemonium In Assembly Over Different Issues

Bhubaneswar(correspondent):: The Odisha Assembly on Monday witnessed a huge ruckus by the opposition Biju Janata Dal and Indian National Congress members over different issues.As soon as the proceedings began in the house on Monday, the legislators of opposition parties were seen shouting anti-government slogans by holding placards near the speaker's podium. The pandemonium forced speaker Surama Padhy to adjourn the house first till 12.09 pm and later till 1 pm. However, as the opposition continued to create uproar in the house, Padhy later again adjourned the house till 4 pm in the afternoon.The BJD MLAs created a massive uproar in the house over the alleged controversial and divisive remarks by senior BJP leader and Sambalpur MLA Jayanarayan Mishra during an official programme in Sambalpur on March 8.While speaking during the event, Mishra stated that the integration of the Koshal region (the Western part of the state) with Odisha was a 'historic blunder'.Speaking to media persons, senior BJD leader Ranendra Pratap Swain said: "Disrespect was shown to the state anthem



'Bande Utkal Janani' in the presence of the state cabinet minister Rabi Narayan Naik and Jayanarayan Mishra, who was the ex-Leader of Opposition and now a senior member of this house. This is a very serious offence against the state. We will never tolerate disrespect to the state anthem and the people of Odisha and condemn this."Swain also condemned the statement of Mishra and said that the BJP leader had made an unpardonable mistake during the event by saying that it was a historic mistake of western Odisha to integrate into the state. The BJD leader stated that his remark was downright condemnable."The statement by Mishra intending to divide Odisha reflected the divisive politics of BJP which it follows at the centre. It is a disrespect to the great men like Madhusudan Das, Gopabandhu Das and other lakhs of our ancestors who fought for a united Odisha," noted Swain.The BJD legislators also held a protest under the statue of Madhusudan Das inside the Assembly campus over the issue.The principal opposition demanded a statement from Chief Minister Mohan Charan Majhi clarifying the state government's stand on the issue on the floor of the house.On the other hand, the Congress legislators continued their protest against the state government in the state assembly over the alleged rise in the incidents of violence against women in the state during the last eight months under the BJP-led state government." The state government has been given a long period of nine months. However, various incidents of crime against women in the state are on the rise. The girl students are also not safe in the schools. We have been raising our voice in the house over the women's safety but the government is not giving any heed to this," said Congress MLA Sofia Firdous.

Six Odisha Districts To Experience Sweltering Temperatures On Mar13 & 14

Bhubaneswar (correspondent):: Six Odisha districts are likely to experience heatwave conditions at one or two places on March 13 and March 14, according to the forecast of the India Meteorological Department (IMD).As per IMD prediction, six districts, including Boudh, Sonepur, Balangir, Kalahandi, Sambalpur, and Jharsuguda, have been issued a yellow warning for heatwave on the above-mentioned days. This indicates a high likelihood of rising temperatures in these districts.Besides, going by IMd's prediction, dry weather is expected to prevail over the districts of Odisha for the next few days."Heat wave condition is very likely to prevail at one or two places over the districts of Boudh, Sonepur, Balangir, Kalahandi, Sambalpur, Jharsuguda," read the IMD prediction issued for March 13.The regional weather office has advised people living in these districts to stay hydrated, avoid venturing out during the hottest part of the day, and take other necessary precautions to avoid heat-related illnesses.

Orissa High Court Frees Man After 14 Years in Jail for Lack of Evidence

cuttuck,(correspondent): The Orissa High Court has acquitted Madan Kanhar, a 42-year-old man who had spent 14 years behind bars for a murder conviction.The court cited a lack of evidence in its decision, overturning Kanhar's life sentence imposed in 2008.In April 2005, a 20-year-old woman from Titrapanga village in Phulbani district was found dead in a jungle. Madan Kanhar, then 25, was arrested shortly after based on circumstantial evidence, as the woman had reportedly quarreled with him days before her disappearance. Convicted by a sessions court in 2008, Kanhar spent years in prison until his bail was granted in 2019.Justices Sangam Kumar Sahoo and Chittaranjan Dash delivered the verdict on March 7, 2024. The court highlighted critical flaws in the prosecution's case, pointing out unreliable witnesses and a lack of direct proof linking Kanhar to the crime. "Convictions cannot rely on mere suspicion," the court emphasized, underlining the necessity of "proof beyond reasonable doubt."

EDITORIAL

The Spiritual Dimension of Holi

Remove the temporary stains of worldly colors from your soul and color it in the beautiful shades of God. This is the real Holi and we can celebrate such a Holi when a Guru showers the vibrant colors of blessings upon us. India is a land of beautiful festivals. Here, each festival has a deep spiritual meaning. If you celebrate these festivals with an understanding of its deeper meaning, it becomes even more beautiful. Holi is one such festival with a profound meaning. It fills us with zeal and pleasure. The festival is an opportunity to strengthen our relationships and show respect to elders. Amidst the thrill, and happiness, the meaning of the colorful festival must be understood.According to the legend, King Hirnayakashyapa wanted to kill his pious son Prahalad to stop him from worshipping Lord Vishnu. He took the help of Holika (his sister) who had a boon that fire could not destroy her. She sat oan the pyre with Prahalad but Prahalad did not burn as he called on Lord Vishnu who saved him whereas the evil-minded Holika was burnt. So, we burn Holika on the eve of Holi. Thus, Holi signifies the burning of evils and vices that are deep-rooted in the mind and lead to enmity and unrest. The ritual also shows that if you are a true devotee, nothing can destroy you, no worldly fire of evil can annihilate you. However, if your motive is cruel and unholy, you will be burnt in the worldly fire irrespective.

The Colors of Holi & Meditation : Meditation is a process of inner transformation wherein you awaken your chakras (subtle energy centers). These seven chakras each have a corresponding color just like the colors of Holi. The spectrum of light has the seven colors we see all around in nature. For example, Muladhara chakra, is literally the 'Root of Existence'; it is symbolized by a lotus with four petals and the color pink or red; the Heart Chakra, having an element of the air, is associated with the green color whereas blue is the color of throat Chakra or Vishuddhi Chakra.

On Holi these colors are all around as you play Holi with friends, family and even your enemies. Holi is one festival that sets aside all differences and brings everyone together with colors. Here, you are spreading the essence of your chakras, the different colors of your chakras, and you turn into one with them. You feel the same bliss when you awaken your different chakras through meditation. The Ultimate Aim of Both Meditation and Holi is Joy : On Holi, each color shines brightly, bringing joy which is the aim of Holi. The same happiness is also the aim of meditation. When all the subtle energy centers are awakened, all are active and all can be sensed by you through meditation, you feel bliss.Moreover, the moon that shines on Holi, symbolizes the end of hatred, jealousy, conceit, ego, and all other evils. True seekers harness the energy of this full moon and visit their inner world through meditation. Therefore, Holi is a festival of 'letting go' when you start your inner journey, despite all difficulties and problems, to find peace, happiness, and harmony. A very happy Holi to all of you!

Love transforms, but why is it painful



Aparna Nayak

Love is painful because it creates the way for bliss. Love is painful because it transforms; love is mutation. Each transformation is going to be painful because the old has to be left for the new. The old is familiar, secure, safe, the new is absolutely unknown. You will be moving in an uncharted ocean.The mind can function only with the old; with the new, the mind is utterly useless. Hence, fear arises, and leaving the old, comfortable, safe world, the world of convenience, pain arises. It is the same pain that the child feels when he comes out of the mother's womb. It is the same pain that the bird afeels when he comes out of the egg. It is the same pain that the bird will feel when he tries to be on the wing for the first time. The fear and unpredictability of the unknown make one very frightened.And because the transformation is going to be from the self toward a state of no-self, the agony is very deep. But you cannot have ecstasy without going through agony. If gold wants to be purified, it has to pass through fire. Love is fire. It is because of the pain of love that millions of people live a loveless life. They too suffer, and their suffering is futile. To suffer in love is not to suffer in vain. To suffer in love is creative, it takes you to higher levels of consciousness. To suffer without love is utterly a waste; it leads you nowhere, it keeps you moving in the same vicious circle.The man who is without love is narcissistic, he is closed. He knows only himself. And how much can he know himself if he has not known the other? Because only the other can function as a mirror. You will never know yourself without knowing the other. Love is fundamental for self-knowledge, too. The person who has not known the other in deep love, in intense passion, in utter ecstasy, will not be able to know who he is because he will not have a mirror to see his own reflection.The reflection that you find of your own self in the other may be ugly; that is the anxiety. Avoid the mirror – but by avoiding the mirror you are not going to become beautiful. By avoiding the situation, you are not going to grow either. The challenge has to be taken. To drop the ego is very painful, because we have been continuously polishing it. And when love knocks on the door, all that is needed to fall in love is to put aside the ego. It is certainly painful. It is all that you have created – this ugly ego, this idea that 'I am separate from existence'. Love gives you the first experience of being in tune with something that is not your ego.

Our soul is Our Chief Executive Officer



Soumya Sai Sidhartha

A CEO is responsible for ensuring that his company achieves its mission statement. Most companies consist of many departments, each designated with a certain task, and it is the role of the CEO to ensure the harmonious workings of all departments so that the company can achieve its targets and deliver a product that is greater than the sum of its individual departments. As long as everyone works together, their company can deliver results. If, however, the departments fail to collaborate harmoniously, the profit margins of the company will suffer, and they will not fulfil their mission statement.Our human existence is no different. We, too, have a mission statement. It is the sole purpose for which we were given this human existence: to achieve our oneness with God. Our soul, which is a part of the Divine, was separated from Him eons ago and this human existence is the soul's golden opportunity to find its way back to God. To exist and function in this physical world, our soul was given a body with all its own inner workings and complexities. It was given a mind to store memories and to process what goes on around us. It was given emotions to govern our interaactions with others. Each of these aspects serves like a separate department in a large system. Unfortunately, each of them is governed by its own goals and is unaware of the larger mission statement that they should be working toward, together. In this setting, our soul, our true essence, was meant to serve as the CEO of the enterprise. It is the responsibility of the soul to oversee and govern the harmonious workings of the body, mind, and emotions. How then can we ensure we fulfil life's mission statement? The first step is for our soul to remember itself as a part of God. This awakening can only happen when we take our attention away from the distractions of the outer world and focus it on the realities within. As the soul connects with the divine Light and Sound of God, it awakens to its true nature, and gains the strength needed to take its rightful place as CEO.As any effective CEO, it convenes a meeting with the body, mind and emotions, to remind them of their joint mission and to help them understand how each stands to benefit from it. This meeting is the process of meditation. As the body, mind and emotions are stilled, our being experiences the illusionary nature of this world and the joy and bliss of the inner worlds; it recognises the importance of working harmoniously together toward fulfilling life's supreme purpose. The key is to establish a daily practice of meditation, to inculcate the ethical virtues in our lives, to recognise the oneness of God's creation, and to let His love flow from us to all in our orbit, so that we can take steady steps toward reuniting our soul with the Divine.

O my mind, have noble thoughts



Bipin Bihari Rout

Positivity, which is faith in one's ability, is the first step towards success in any endeavour. The mindset of a person determines the trajectory of his life because that is the genesis of all speech and action. Purification of the mind is the key to shaping a positive destiny. Today, psychologists are beginning to realise the power of positive thinking, positive self-talk and positive affirmations. An ancient hymn in the Vedas, titled the Shiva Sankalpa Suktam, 'The Hymn of Noble Thoughts', is said to be the most ancient, authentic and profound text on this topic. It is a short hymn of just six mantras, but its impact is life-changing. As more and more people suffer from depression and anxiety, the message of this text becomes more relevant today than ever. Each of the six mantras of the hymn creatively describes the mind in an empowering way along with the powerful refrain at the end: "O my mind, have noble thoughts!"The first mantra highlights the incredible speed at which the mind moves. It describes the mind as the light of all lights, given that it is the essential sense in all sense organs and faster than even light. The second mantra states that it is because of the mind alone that brilliant men can perform rituals. Even the most sublime actions by the most brilliant people are possible only due to the mind. Thus, the mind is the root of all action. The third mantra makes it clear that the mind is the instrument that makes it possible to acquire any knowledge, whether mundane or spiritual. The mind is described as being of the nature of the light of immortality. The fourth mantra states that it is only through the mind that we can think in the present, brood over the past and imagine the future. The mind is thus the creator of time, and it allows a person to create the story of his life. The fifth mantra states that even the knowledge of the Vedas, the highest knowledge, is possible only due to the mind. The mind is thus more sacred than even the Vedas, the most sacred texts. The sixth and last mantra inspires the mind to be a good charioteer that steers the senses in uplifting directions. It describes the mind as situated in the centre of one's being, that is, being the essence of one's existence. It further states that the mind is free of old age. Not only does the mind not stop thinking when the body ages, but it keeps on working at the same lightning speed. This is an indicator of its infinite power.The human mind is the most powerful tool in existence. When its potential is tapped into, it can transform us into divine beings. By observing and repeatedly reminding oneself of the power of one's mind, a person begins to realise its true value. Now he will not waste it on useless and negative thoughts. He will fill it with useful, positive, or noble thoughts, which will manifest as noble words and actions in the world. The next time you have a negative thought about yourself or anyone, tell it, "O my mind, have noble thoughts!"

Nobody is the giver of misery



Puspamitra Mohapatra

Every living creature wants to be happy. Whether it is money, power, or sex, you get into it for the sake of happiness. Some people even enjoy misery because it gives them happiness. So how can one get happy? If we just think about ourselves, our life shrinks, but when we think for the whole society, there is joy. The reward of service is instant joy. By sharing and spreading happiness it grows, when you hold on to it and don't share, it dwindles. The Art of Living is the education in expanding one's happiness, expanding to include the whole world as our family. As a Sanskrit proverb says, real worship is to create happiness in others. We look for things in order to be joyful. We think when we grow and go to college, we will be independent and happy; or we think when we get the job or perfect life partner, wea are going to be happy; or when children grow up we will be happy. But ask those who are retired, are they happy? They miss their younger years and yearn for those times. All of one's life is spent in preparing to be happy someday in the future. It's like making a bed all night but having no time to sleep. How long have we been happy from within? Those are the only moments you have really lived life.There are two ways of looking at life. One is thinking: 'I'll be happy after getting what I want'. The second is saying that 'I am happy come what may!' Which one do you want to live? Parinama dukha is the misery that comes from identifying with the memory of the pleasures and glories you have had in the past. Second is, tapa dukha — you are being miserable, burning with anger, hate or jealousy due to a current situation. Sanskar dukha is when the misery is gone but the seed or impression of that memory still lingers, making you miserable. An intelligent person looks at this and realises that pleasant or unpleasant events, all those impressions when they stick to your consciousness, cause misery. If you are hanging on to your money, fame, and relationship, they can all cause you misery. This doesn't mean you shouldn't have them, but you should know this nature of misery. For example, being a manager is a role you play. But when you identify with it, that brings misery to you, because that role you identified with, may disappear any time.Even identification with your goodness can cause misery. When you think you are very good and others are not, this is the formula for anger and hate to come up. People who indulge in self-pity are preparing to hate others. The purpose of yog and spirituality is to stop misery before it arrives. Your own identifications are the cause of your misery. There is a beautiful proverb in Sanskrit: 'Kashtasya sukhasya nakopi data' — there is no giver of happiness or misery. It is your own making. Living in the moment with joy, alertness, awareness and compassion is enlightenment. Being like a child is enlightenment. It is being free from within, feeling at home with everybody, without barriers.

Law Minister reviews arrangements for ensuing Banpur Panchudola Yatra



Khordha (correspondent): Odisha famous historical Banpur Panchudola Yatra will be held on March 19-20 at Paltan Ground this year . In this context, in the preparatory meeting held on Monday, Law Minister Prithiviraj Harichandan attended and discussed all the issues such as law and order, traffic system, parking system, arrival of deities, drinking water system, hygiene etc. and instructed the district and local administration to complete everything required to celebrate the Panchudola Yatra with great enthusiasm . The meeting was attended by Khordha DM Chanchal Rana, SDM Kishore Panda , Panchudol Committee President,Secretary, Banpur Block Chairman Amarendra Ransingh, BDO,ZP Vice President, Balugaon SDPO, Banpur and Balugaon IIC, both NAC EOs other officials.

Water has become poison ,5 died of kidney disease within the year



Malkangiri (correspondent): Kidney disease is spreading in MV-118 village under Chittangpali Panchayat of Kalimela block of Malkangiri district. In this village, 5 people have died due to kidney disease in the last 5 years. 3 people are still struggling with kidney disease.Five patients including Sushila Mistry and Manju Burman of this village have already died, but now many people like Usha Burman, Manindra Mandal, Ranjan Mandal and Kiran Burman are suffering from kidney disease and are being treated. However, it is said that the villagers are suffering from kidney disease due to the impure water in the village.More than 400 people live in 70 families in MV-118 village However, there are only 3 tube wells in the village. Ashadidi Vishakha mandal including Priyanka Jodar, Suchitra mandal, Manindra mandal and Dinabandhu mandal have alleged that the villagers are suffering from kidney disease after drinking this water. As there are only 3 tubewell in such a big village, the water is not useful for drinking, so there is dissatisfaction among the villagers. Since now, the villagers have to struggle a lot to get clean water. A crowd of women can be seen around the canal. As the government is beating drum of development in every village to provide clean drinking water to the villagers under Vasudha Yojana, this village has become day dream. MV-118 villagers are left out of Vasudha Yojana. In this regard, the villagers informed the Chittangpali Panchayat and BDO, but till date the village could not be included in the Vasudha scheme. As a result, the villagers are suffering from kidney disease and other waterborne diseases after drinking contaminated water the pond of the village is also getting dry, villagers facing many difficulties to get water bait. The villagers have demanded that the administration look into this issue.

International Women's Day Celebrated by Rotary Club of Paradip & BPCL,Paradip



Paradeep, (correspondent) :Rotary Club of Paradip celebrated International Women's Day on 08.03.2025 in collaboration with BPCL,Paradip with pump& care.On the said occasion Shri Sankar Narayan ,Chief Executive Officer, BPCL appraised the operation of each unit of the said company to invited students of Paradip College and allowed them to physically visit the units A felicitation ceremony was arranged and Ex-Presidents of Rotary Club of Paradip named Lt.Cdr. Akshaya Chandra Mishra ,Dr.Kailash Chandra Moharana , Secretary RC,Pdp Sj.Prasanta Kumar Mohapatra ,Rt.Biplab Kumar Jena had put their own remarks on the said occasion.At the end gifts were presented to the students. It was a grand success.

BJP's New District President Shiva Muduli Meets Lakshmipur Block Workers



Koraput(correspondent) : Newly appointed district president of BJP, Shiva Muduli, held a meeting with Lakshmipur block workers at Dakbangala in Lakshmipur block of Koraput district.During the meeting, Muduli discussed the party's strategy and plans for the upcoming days. He urged the workers to work tirelessly to make the BJP a formidable force in the block.Muduli also praised the efforts of local BJP workers, particularly Sunil Kumar Sahu, who has been actively working for the party.The meeting was attended by several senior BJP leaders, including Dev Khara, Anant Himirika, Parama Khara, Sumant Chhacheti, Pikon Sahu, and other party workers.

Meeting held to demand formation of new block for Lachhipur

SUBARNAPUR(correspondent) --- A general meeting was held yesterday to demand formation of a new block for Lachhipur under Sonepur block. The meeting was chaired by Satyanarayan Dash and chaired by former Sarpanch of Chhakormal, Bhimsen Singhdeo. The meeting was held under the chairmanship of Satyanarayan Dash. The meeting was chaired by former Sarpanch of Chhakormal, Shankar Prasad Sa.The meeting discussed the formation of a new block by taking into account the panchayats of Sonepur block, Rengali, Khaliapali, Lachhipur, Chhakormal, Mayurudan , Mahada, Kuhibahal, Julunda, Kaintara etc. of Binika block. It was discussed that the demand letter will be submitted to the MLA, MP, Panchayati Raj Minister, Deputy Chief Minister, Chief Minister, Secretary in the coming days. Currently, the distance from Chhakormal Panchayat, which is at the end of Sonepur Block, to the Block Headquarters is 45 km, while it is 30 km from Lachhipur. Therefore, with the formation of a new block in Lachhipur, the people of 9 Panchayats will be able to get transportation facilities. In addition, Lachhipur has community health centers, post offices, revenue inspector's offices, service cooperative societies, banks, ATMs, police stations, schools, junior and senior colleges, Little Flower School, Saraswati Sishu Vidya Mandir, Forest Department offices, Ayurvedic hospitals, etc. Therefore, it was discussed in the meeting that all facilities are available for the formation of a new block in Lachhipur.

Kantabanji Mati Mahotsav Begins



Kantabanji, correspondence : The three-day Kantabanji Mati Mahotsav kicked off on Monday at the Railway Play Ground in Kantabanji town of Balangir district.To mark the beginning of the festival, a puja ceremony was held at the Dwarasani Temple in Kantabanji at 9 am on Monday, followed by a grand cultural procession that marched through the main roads of the town and reached the Railway Play Ground.The festival, which began on Monday, will feature performances by many artists from within and outside the state. The committee has also made arrangements for local talents to perform on this stage.

Minor Siblings Found Hanging In Nayagarh, Grandparents Smell Foul

Bhubaneswar correspondent: In a shocking incident, two minor siblings were found hanging in their house under mysterious circumstances in Dhananchengada village under Fategarh police station in Nayagarh district on Monday.The victims, a 14-year-old boy and his 12-year-old brother, were found dead by their family members.As per reports, a foul smell was emanating from a locked house near the Shiv Temple in Dhananchengada village. Residents, detecting a foul smell, immediately alerted the Fategarh police.Upon being informed, police reached the spot and broke open the door, only to find the bodies of two minor siblings hanging. Police, meanwhile, seized the bodies and sent them for post-mortem examination to ascertain the cause of death, which remains unclear at present.

District Magistrate's Public grievance held at K.Gumma



Malkangiri correspondent : A public grievance was organised at Kudumuluguma by the district administration. Malkangiri District Magistrate Ashish Iswar Patil presided over the said camp, among other administrative officials, District superintendent of police Mr Dinesh Patil, Sub District Magistrate Duryodhan Bhoi, District Rural Development Agency ,Project Director Naresh Chandra Shabar and ITDA Project Administrator Haldhar Shabar were present and heard around 71 complaints. Major among the complaints were:- Provision of affordable housing, repair/construction of roads, pipeline water supply, widening of Oringi Ghati road, construction of Kudumulugumma to Binguguda Rd road, paving of concrete road to Narsingh temple road and government assistance to two persons with disabilities above 80%. Instructions have been given. Finally, two tricycles have been distributed to two disabled persons by the district administration. The said camp was organized by Kudumulugumma Tehsildar Krishna Chandra Das, in which District Officers and Block Officers of almost all departments were present. More than 200 people from Kudumulugumma and Parkanmala Gram Panchayats attended today's grievance hearing camp.

Patients Suffer as Doctor Posts Vacant at Community Health Center



Rayagadacorrespondent :- The community health center in Saipriya Nagar, Rayagada, has been struggling with a severe shortage of doctors. Despite being a crucial healthcare facility for over 10,000 people in the area, the center has been forced to rely on pharmacists to provide medical treatment.The Saipriya Welfare Trust has taken up the issue and submitted a memorandum to the Chief District Medical Officer, demanding the appointment of a permanent doctor and necessary equipment for proper diagnosis and treatment.The trust has warned that if the demands are not met within a month, they will stage a protest in front of the CDMO's office.The memorandum was submitted by the trust's secretary, Dayananda Khandanga, and other members, including Ladi Chandramouli, TN Rao, Shankar Rao, Damodar Babu, Arun Kumar Sahu, BJG Prasad, Anand Goud, and Jagadish Prasad Dash.

Tata Steel's Annual Innovation Challenge 'Mind Over Matter' Concludes with Record Participation

Mumbai: Tata Steel has successfully concluded the 10th edition of its annual innovation challenge, 'Mind Over Matter'. This unique initiative challenges the sharpest and smartest engineering students from the country's top institutes to address real-life problems related to steel-making and new materials. In a fiercely contested virtual finale held on March 7, 2025, Namita Dubey from IIT (ISM) Dhanbad Campus emerged as the Winner, while Ravu Ravi Teja from IIT (BHU) Varanasisecured the 1st Runner-up position, and Kurapati Harshavardhan from IIT (BHU) Varanasibagged the 2nd Runner-up position. The winner, along with the first and second runners-up, received certificates and cash prizes of ?100,000, ?75,000, and ?50,000, respectively. Additionally, they were awarded certificates and Pre-Placement Offers to join Tata Steel as Management Trainees in the Research and Development (R&D) team. The remaining finalists were also offered Pre-Placement Interviews. The winning teams will also be invited to Tata Steel to create prototypes of their ideas under the mentorship of Tata Steel's R&D leadership.Congratulating the winnersSubodh Pandey, Vice President - Technology, R&D, NMB and Graphene, Tata Steel, said:"The 10th edition of Mind Over Matter has been a testament to the incredible talent and innovative spirit of young engineers across the country. The solutions presented by the finalists reflect not only their technical prowess but also their ability to think critically and address real-world challenges. At Tata Steel, we are committed to nurturing such talent and providing them with a platform to transform their ideas into reality. We look forward to seeing these bright minds contribute to the future of steel and new materials technology



Pratibha Ranta On IIFA Win: 'Laapataa Ladies' Is My First Step In Bringing Relatable Films To Screen

Actress Pratibha Ranta, who clinched the trophy for Best Debut at the recently concluded IIFA 2025 for her work in the critically acclaimed film 'Laapataa Ladies'.The actress is over the moon with her victory, and said that 'Laapataa Ladies' is her first step to telling meaningful and real stories.

The actress told IANS, "I am beyond thrilled and thankful to have been honoured with the Best Debut award, coming from Shimla with big dreams, this has been a beautiful moment for me. I remember watching IIFA as a kid and today I have this coveted trophy in my hand".

She continued, "'Laapataa Ladies' is not just a film for me, but it's been my stepping stone in bringing relatable films to the screen, and the audience's love has honoured me with a recognition. It's a collective effort of the team in bringing life to an unseen story like 'Laapataa Ladies' and the appreciation towards the film has brought it up where it is today".In 'Laapataa Ladies', helmed by Kiran Rao, Pratibha plays the role of Jaya, a small-town woman who ditches getting married to follow her aspirations.The actress said that for her, playing Jaya was crucial to mirror the lives of women from small towns, who aspire and dream to become independent rather than get married at an early age.She further mentioned, "It's a choice to choose your life the way you want, and I believe 'Jaya' is every woman who wishes to keep herself first".As Pratibha Ranta has proven herself to be a dynamic actress, her fans are eagerly waiting to watch her on-screen explorations. Coming up next for her is an untitled film by Anubhuti Kashyap, the sister of Indian auteur Anurag Kashyap wherein Pratibha will be seen sharing the screen space for the first time with Konkona Sen Sharma.



5 Food Pairings May Disrupt Your Hormonal Health



We all have certain preferences when it comes to eating food. It could be a favourite beverage or a specific food that you enjoy eating with it. Let's just say, it feels incomplete when you're not having the two together. While some of these food combinations are fine, others could do more harm than good. In that moment, you may feel a sense of satisfaction and joy, but continuing to eat certain food combos can cause challenges to your hormonal health. Intrigued to know what these food combinations are?

5 Food Combinations That Can Affect Your Hormonal Health:

1. Milk + Fruits : Many of us have fruits along with a glass of milk for breakfast. If you do too, it's time to stop. According to Poornima, combining milk with fruits, especially bananas or citrus fruits, can cause bloating and slow down digestion. Not only that, but consuming them together can also trigger insulin spikes and gut inflammation. So, always have them separately.

2**. Tea/Coffee + Iron-Rich Foods:** Another food combination you must avoid is tea or coffee with iron-rich foods. These include foods like lentils or dark green leafy vegetables. What makes this combo so bad? It's due to the presence of a compound called tannins in tea and coffee. She says that this can disrupt the absorption of iron, leading to low energy, fatigue, and hormonal imbalances.

3. Dairy + High-Sugar Foods The combination of dairy products and sugary foods should also be avoided. Sure, adding strawberries or bananas to your bowl of yoghurt may be tempting, but it's not the best for your health. The nutritionist shares that this combination can trigger insulin spikes, worsening PCOS and metabolic issues.

4. Wheat Roti + Sugar : Do you have a habit of eating gud with roti or perhaps a serving of mangoes while eating your meal? Stop doing so! Poornima says that combining wheat with sugar can be detrimental to your health. Doing so can cause blood sugar crashes, increase cravings, and cause mood swings. What's more, it can also lead to unnecessary fat storage.

5. Curd + Paratha/Pulao: The combination of curd with hot paratha or pulao is simply to die for, isn't it? But did you know it can also slow down your digestion? We all know that dairy is great for digestion, but not when it's combined with carbohydrates. Poornima explains that doing so can cause bloating, gas, and other stomach-related issues. It also causes an imbalance in gut bacteria, directly affecting hormonal health.

No-Oil Mutton Curry Recipe

Ingredients

400 gms mutton2 onions, chopped2 tomatoes, chopped1 tbsp ginger-garlic paste1 tsp red chilli powder1/2 tsp haldi1 tsp coriander powder1/2 tsp cumin powder1/2 tsp garam masalaSalt, to tasteWater, as requiredCoriander leaves, for garnish



How to Make No-Oil Mutton Curry

1.Start by marinating the mutton pieces with all the dry masalas and ginger-garlic paste. Make sure everything is well combined, and let it marinate for half an hour.2.Now, add the marinated mutton pieces to a non-stick pan and cook them for a few minutes.3.Once they start to brown, add the chopped onions and tomatoes. Mix well and cook until the onions become golden brown.4.If you feel like the mixture is sticking to the pan, add some water and give it a nice mix. Cover the pan with a lid and allow it to cook on a low-medium flame until the mutton becomes tender.5.Once done, add garam masala and garnish with fresh coriander leaves. Serve hot with rice, roti, or naan.

Coffee Or Green Tea- Which Is Better For Heart Health And Hypertension?



Hypertension or high blood pressure has been touted a 'silent epidemic', affecting countless people worldwide. In India, too, around 220 million people are living with the disease as per WHO data. One of the many factors affecting the disease is the kind of lifestyle and diet patterns that we follow. Blood pressure and heart health can easily be managed with the right kind of food and drinks included in our daily diet. Many a times, people wonder if coffee or green tea is better suited for managing hypertension and improving heart health. A recent study has offered some insights into this question. The researchers noted that coffee contains 95 to 200 mg of caffeine while green tea contains 35mg. Thus, a single cup of coffee has approximately three times more caffeine than green tea. The study found that between coffee and green tea, the latter has proved more beneficial for hypertension and heart health. Coffee consumption actually proved harmful for those with high blood pressure. Green tea, thus, was the ideally preferred drink for better heart health. This is thanks to the polyphenols present in the drink that outweigh the harmful effects of caffeine.

Health Benefits Of Green Tea | Green Tea Health BenefitsGreen tea has time and again proven itself as a healthy concoction that has multiple benefits. Apart from the study's findings about green tea's impact on hypertension, there are plenty of health benefits that green tea has to offer.

1. Boosts ImmunityDid you know that the humble green tea can help provide a boost to your immunity. Green tea is loaded with antioxidants that protect against cold, flu and cough. Thus, drink up the warming concoction whenever you have a sore throat.

2. Improves Brain HealthThe catechin compounds in green tea may have a positive impact on neurological health, as experts have found. It may also help slow down or reverse the ageing process for the brain.

3. Aids Weight LossGreen tea has been touted as a miracle potion for weight loss. Studies have shown that it increases metabolism and may have a positive impact on fat burning.

4. Reduces Bad BreathThis is one of the surprising benefits of green tea that not many people know of. Green tea can actually have a positive impact on oral health, thanks to the suppressing mechanism of bacterial growth.5. May Prevent DiabetesNot just for your weight, green tea may prove beneficial for diabetics too. Studies prove that green tea may improve insulin sensitivity and lower the risk of developing diabetes.

Surprising Health Benefits Of CoffeeEven though coffee has been associated with blood pressure and hypertension, there's another variety of coffee which actually has surprising health benefits. Green coffee beans are seeds of coffee fruits that are not roasted, unlike regular coffee. These have a higher amount of chlorogenic acid which is believed to have numerous health benefits, not limited to antioxidant properties. There are plenty of coffee recipes out there that you can try for multiple health benefits. Click here for the health benefits of coffee for weight loss, as well as some amazing coffee recipes.



Champions Trophy: Kohli, Iyer Among Five Indians Named In ICC's Team Of The Tournament



Dubai: Title winners India dominated the Team of the Tournament for ICC's Champions Trophy 2025 with five players — Virat Kohli, Shreyas Iyer, K.L. Rahul, Mohammed Shami and Varun Chakaravarthy — named in the side. India lifted the Champions Trophy, beating New Zealand by four wickets in the final on Sunday, and became the most successful side in the tournament's history with a third title.Kohli, who finished as the second-highest run-getter for India with 218 runs, scored an unbeaten century against Pakistan before playing an 84-run vital knock against Australia in the semifinal. During the tournament, Kohli also crossed the landmark of 14,000 ODI runs, becoming just the third player after Sachin Tendulkar and Kumar Sangakkara to do so.Middle-order batter Iyer finished as the top scorer for India with 243 runs, including two successive half-centuries against Pakistan and New Zealand in the group stage. He played a key knock of 48 runs in the final, while his lowest batting return was 45 runs, proving to be a pillar of consistency in trying batting conditions in Dubai.India's wicketkeeper-batter, Rahul, was reliable behind the stumps and a clutch performer in his role as a finisher with the bat. From four innings, he finished unbeaten on three occasions. He was particularly crucial during India's chases in the all-important knockout games, scoring unbeaten 42* and 34* against Australia and New Zealand, respectively.Shami scalped nine wickets in the tournament, including a five-wicket haul against Bangladesh in the opening match. He also contributed in the semifinals and finals, picking four wickets in the last two contests.India's mystery spinner Chakaravarthy scalped nine wickets in three high-stakes affairs. Having only played in one previous ODI before the Champions Trophy, the 33-year-old repaid selectors' faith.The ICC's Team of the Tournament also featured all-rounder Axar Patel as the 12th player. Axar contributed with the ball, taking five wickets, and with the bat, putting in a total of 109 runs, including 29 in the final. He was no slouch in the field, either, with two fine catches to his name.Apart from Indian players, New Zealand captain Mitchell Santner, Rachin Ravindra, Glenn Phillips, and Matt Henry were also included in the side. Afghanistan's Ibrahim Zadran and Azmatullah Omarzai were also picked in the playing 11.Rachin finished as the highest run-getter in the tournament with 251 runs, including two centuries and was also named Player of the Tournament.All-rounder Phillips (177 runs, two wickets, five catches) not only showed glimpses of why he's one of the most dangerous batters in the world but displayed exceptional fielding prowess for the Kiwis, taking three absolute stunners during the tournament, including a mindboggling catch of Virat Kohli in the final group game against India.Santner's captaincy and bowling were equal parts world-class, right way through New Zealand's impressive campaign that saw them finish as runner-ups. He bagged nine scalps with an economy of 4.80.Kiwi pacer Henry, who missed the final due to a shoulder injury, was superb throughout the tournament, taking wickets in every match, most notably 5-42 against India in the Group A decider. Zadran proved how crucial he is to Afghanistan's competitiveness, steering his team to a famous win over England by scoring a mega 177 in the first innings, which is now the highest-ever individual score in the competition's history. He finished the tournament with 216 runs.

India Pocketed Six Gold Medals In Spanish Para-Badminton International



Vitoria (Spain): India's para shuttlers delivered an outstanding performance in the Spanish Para-Badminton International 2025 – II in Vitoria, Spain, with Sukant Kadam leading the charge, as they bagged six gold medals and a silver.Kadam defeated fellow Indian Tarun in the final with a score of 21-13, 21-10 in the final played on Sunday night. In the semifinal, he had overpowered India's Naveen Sivakumar 21-11, 21-13. He remained unbeaten throughout the tournament, making it a perfect and promising start to the new season.Speaking after his win, Sukant Kadam said, "I'm happy to start 2025 with a gold medal. Every match here was a learning experience, and I'm glad I could perform consistently. This win gives me great motivation for the rest of the season."India's dominance continued with Nitesh Kumar securing gold in the SL3 category after a hard-fought match against Japan's Fujihara, winning 21-19, 21-19. In the SH6 category, Nithyashre emerged victorious, defeating Poland's Szmigiel in the final to claim the top spot on the podium.In the men's doubles, Nitesh Kumar and Tarun edged past India's Jagadesh Dilli and Naveen Sivakumar in a thrilling three-set encounter, winning 21-14, 23-25, 22-20. The mixed doubles events also saw a strong Indian performance. Krishna Nagar and Nithyashre triumphed over England's Shephard and Choong with a dominant 21-14, 21-11 victory to clinch gold in the SH6 category.

Swiatek and Rybakina Soar into Fourth Round at Indian Wells 2025



NEWDELHI: Defending champion Iga Swiatek and 2023 titleholder Elena Rybakina showcased their dominance at the Indian Wells tournament on Sunday, advancing to the fourth round with commanding performances.Swiatek, the second seed, dismantled Dayana Yastremska with a decisive 6-0, 6-2 victory, securing her place in the next round. The Polish player is aiming to become the first woman to win the tournament three times. Swiatek's aggressive play saw her reel off ten consecutive games, wrapping up the match in just 65 minutes.Swiatek will face 15th seed Karolina Muchova in the round of 16, following the Czech player's victory over her compatriot Katerina Siniakova.Meanwhile, Rybakina triumphed over Britain's Katie Boulter, overcoming a tough second set to win 6-0, 7-5. After cruising through the first set, Rybakina found herself trailing 3-5 in the second but rallied back to claim victory.Rybakina will next play either Russian teenager Mirra Andreeva or Clara Tauson of Denmark.

Rohan Gauns Dessai, Dilsher Khanna Inducted In BCCI's WPL Committee

New Delhi: BCCI Joint Secretary Rohan Gauns Dessai and Punjab Cricket Association Secretary Dilsher Khanna have been announced as new inductees in the Women's Premier League (WPL) Committee.In a statement on Monday, the BCCI said Dessai, previously the Goa Cricket Association (GCA) Secretary, has now been included in the eight-member WPL Committee after being unanimously elected as the new BCCI Joint Secretary earlier this month in Mumbai.The BCCI's joint secretary post had become vacant after Devajit Saikia, hailing from Assam, was promoted to be the new BCCI secretary in Mumbai earlier this year, following his predecessor Jay Shah's appointment as the ICC Chair. Dessai had also served as the manager of the Indian men's team for last year's four-match T20I series in South Africa, which they won 3-1.On the other hand, Khanna's inclusion comes after Chhattisgarh's Prabhtej Singh Bhatia was elected as the BCCI Treasurer, and was serving as a member of the WPL Committee prior to being elected to his current role. Khanna had been the team manager of the Rohit Sharma-led Indian team winning 2024 Men's T20 World Cup in the USA and the West Indies.Other members of the panel, like BCCI president Roger Binny, the WPL Committee Chairperson and convener Saikia, as well as IPL Chairperson Arun Singh Dhumal, BCCI vice president Rajeev Shukla and Madhumati Lele continue in their respective roles.

Sreejesh, Savita, Harmanpreet Nominated For Hockey India Annual Awards



New Delhi: Hockey India Annual Awards will be held on March 15, commemorating the 50th anniversary of the Indian men's team's historic World Cup victory on the same date in 1975, which is their first and only title to date, the national governing body of the sport said on Monday.Indian hockey stars including Harmanpreet Singh, PR Sreejesh, Savita and Lalremsiami were among the nominees across various categories for the annual accolade.Adding to the significance, 2025 marks 100 years of Indian hockey, as India became affiliated with the International Hockey Federation (FIH) on November 7, 1925, just a year after FIH's formation. This milestone year is a tribute to India's rich hockey legacy and its enduring impact on the sport.With a record prize pool of approx. Rs 12 crores, this awards ceremony is set to be the biggest. A total of 32 nominees across eight categories have made it to the final shortlist.The ceremony will also include several special awards, such as the Hockey India President Award for Outstanding Achievement and the Hockey India Jaman Lal Sharma Award for Invaluable Contribution.India's Olympic bronze medal-winning team will be felicitated, along with the Men's and Women's teams that won the Asian Champions Trophy in 2024.

Health Ministry Directs Ban on Tobacco & Alcohol Ads in IPL 2025

NEWDELHI: The Ministry of Health and Family Welfare has issued a directive to the IPL Chairman and BCCI to curb the influence of tobacco and alcohol advertisements.The Director General of Health Services, Mr. Atul Goel, has penned a letter to IPL Chairman Arun Singh Dhumaal, urging a comprehensive ban on all forms of tobacco and alcohol advertising, including surrogate ads, during the upcoming 2025 IPL season. The request extends to prohibiting the promotion of these products at all affiliated events and sports facilities.Highlighting India's substantial burden of non-communicable diseases, Mr. Goel emphasized the critical need for the IPL to implement these stringent regulations. The letter further calls for ensuring that sportspersons, including commentators, refrain from endorsing alcohol or tobacco products.The Health Ministry's initiative is seen as a crucial step in promoting public health and safeguarding the well-being of the nation's youth.

Tsitsipas Sinks Berrettini To Reach Rd-4, Medvedev Advances With Michelsen Retirement

Indian Wells: Stefanos Tsitsipas extended his win streak to seven matches at the Paribas Open in Indian Wells, where he defeated Matteo Berrettini 6-3, 6-3.The eighth seed Greek, using the slower conditions to his advantage, outplayed Berrettini for the second time in as many weeks. Tsitsipas, who sunk the Italian in the Dubai quarter-finals en route to the title last week, improved to 5-1 in their ATP Head2Head series.Tsitsipas will surpass Andrey Rublev at No. 7 in the ATP Live Rankings with a fourth-round win. He would return to the Top 5 for the first time since September 2023 with a run to the championship match at the first ATP Masters 1000 of the year.Tsitsipas next face 12th seed Holger Rune, who claimed his first Top 20 win on hard court in 12 months when he defeated 18th seed Ugo Humbert 5-7, 6-4, 7-5 after converting four of 10 break chances.In other match, two-time finalist Daniil Medvedev advanced to the fourth round after Alex Michelsen was forced to retire just 10 minutes into their maiden meeting on Sunday due to illness.Medvedev took a medical timeout himself to deal with a nosebleed in the second game, but upon resumption at 0-2, Michelsen called the match, ATP reports.The fifth-seeded Medvedev made an impressive start by defeating Buyunchaokete on Friday for his 200th hard-court win since 2020. The 29-year-old is one victory away from a fourth consecutive ATP Tour quarter-final.the fourth round, Medvedev will face 10th seed Tommy Paul, who earlier ousted 2021 champion Cameron Norrie 6-3, 7-5 to earn his 50th ATP Masters 1000 win.

Tata Steel's Pankaj Satija Honoured with Global Sustainable Mining Award

Bhubaneswar,(correspondent):: Pankaj Satija, Executive-In-charge, Ferro Alloys and Minerals Division (FAMD) of Tata Steel, has been conferred with the prestigious Global Sustainable Mining Award at the 3rd Odisha Mining and Infrastructure Conclave held in Bhubaneswar. His Excellency, the Governor of Odisha, Dr. Hari Babu Kambhampati presented the award to Satija for Honouring Excellence in Sustainable Mining Practices by Recognising Innovation, Responsibility and Progress in the Industry. Expressing gratitude for



the coveted award, Satija said, "I am deeply honoured to receive this award, which is a testament to our unwavering commitment to sustainable mining. At Tata Steel, we continuously strive to innovate and implement responsible mining practices that contribute to mineral conservation, environmental protection and community development ensuring a greener and more inclusive world for the future generation."It's noteworthy that under Satija's leadership, FAMD has been at the forefront of sustainable mining, incorporating advanced technologies, biodiversity conservation initiatives, and community welfare projects. Tata Steel's commitment to ESG (Environmental, Social and Governance) principles has consistently set benchmarks in the mining industry. The Odisha Mining and Infrastructure Conclave is a global platform that unites stakeholders in the mining and infrastructure sectors to drive innovation, sustainability and growth.

JSW Odisha Adds Another Glorious Chapter to Its Legacy

Bhubaneswar, (correspondent):JSW Group has been at the forefront of excellence, combining its strengths to execute large, capital-intensive, and technically complex projects. With a diversified product mix, cutting-edge manufacturing facilities, and a commitment to sustainable growth, JSW has made significant strides in Odisha across industries such as Steel, Cement, Energy, Mining and Infrastructure. JSW's contributions to these sectors are pivotal to the region's economic growth.Through a range of initiatives in CSR, sustainability and manufacturing excellence, JSW has focused on empowering women and local communities across Odisha, striving to generate value for all its stakeholders.In recognition of JSW's commitments to the state of Odisha, Mr. Anil Kumar Singh, President & Whole Time Director of JSW BPSL and President, JSW Utkal Steel, was conferred with the esteemed Best CEO



Award. The award was presented by His Excellency Shri Hari Babu Kambhampati, Governor of Odisha, at "Mining & Infrastructure International Expo 2025" held on 9th March at the Baramunda Grounds in Bhubaneswar.The selection for this prestigious award was made by a distinguished panel, chaired by Hon'ble Supreme Court Justice (Retd.) Arijit Pasayat, Chairman of the SIT, and convened by Dr. T.K. Chand, former CMD of Nalco and an industry expert.About JSW: With a market capitalization of US$ 24 billion, JSW Group is one of India's foremost business houses. Its sustainable and innovative footprint across Steel, Energy, Infrastructure, Cement, Paints, B2B E-commerce, Venture Capital, Defence, Green Mobility, and Sports contributes significantly to India's economic progress. With a diverse global workforce spread across India, the USA, Europe, and Africa, JSW directly employs nearly 40,000 people worldwide.

Aditi Ladies Club Celebrated International Women's Day

Sambalpur:(Correspondent) :-Aditi Ladies Club celebrated International Women's Day with a unique and thoughtful charity initiative, honoring the often-overlooked contributions of the female housekeeping staff, female horticulture staff, and female security personnel of our Aditya Township.In a heartfelt ceremony, the Ladies Club members(president ,mentors,committee members and members)distributed steel drums



and bedsheets to 25 staff members, acknowledging their tireless efforts in maintaining the township's cleanliness, beauty, and safety.The President of Aditi Ladies Club Mrs Namrata Nayak shared her noble thoughts on the auspicious occasion saying ," as we celebrate International Women's Day, we attempted to shed some light on the unsung heroes, who work tirelessly behind the scenes. Our charity initiative is a small token of appreciation for their selfless service, and we hope it inspires others to recognize and reward their efforts."

Samsung Announces Exciting Offers and Deals on its AI-Powered TVs

NEWDELHI: Samsung, India's largest consumer electronics brand, has announced its exclusive Festive Campaign to celebrate Gudi Padwa, Ugadi, and Holi with incredible deals on its premium AI big-screen TVs, including Neo QLED 8K, Neo QLED 4K, OLED, and Crystal 4K UHD TV models. Running from March 5 to March 31, 2025, this campaign presents consumers with unmatched offers to upgrade their home entertainment experience.Elevating home entertainment to the next level, Samsung's premium range of TVs offer AI-powered picture quality, immersive sound, and sleek designs. Consumers can also avail a free TV worth up to ?2,04,990 or a free soundbar worth up to ?90,990 on select purchases. To make these innovations more accessible, Samsung is offering up to 20% cashback, zero down payment, and easy EMI options starting at just INR 2990 for up to 30 months.

54th National Safety Week Closing Ceremony Celebrated at IFFCO Paradeep Unit

Paradeep:(Correspondent):- The 54th National Safety Week concluded with a grand closing ceremony at IFFCO Paradeep Unit. The event, held on 10.03.2025 was graced by the Chief Guest, Unit Head Shri P.K. Mohapatra, and Shri R.K. Swain, Head of Fire & Safety, who chaired the ceremony. The closing program marked the successful culmination of a week filled with engaging activities aimed at raising safety awareness across the plant and township. During the week, various motivation programs were conducted



for plant workers and township residents, particularly for the ladies, to raise awareness about safety practices and their importance in everyday life. The event also featured slogan and drawing competitions, where participants showcased their creativity while spreading important safety messages

Jindal Steel Celebrates 'Fitness Day' on Shri Naveen Jindal's Birthday

Joda/Barbil :(Correspondent) :- Jindal Steel & Power (JSP) celebrated the birthday of Shri Naveen Jindal, Hon'ble Member of Parliament from Kurukshetra, a three-time Parliamentarian and the Chairman of JSP, as 'Fitness Day' across its business locations in Keonjhar and Sundargarh. The occasion was commemorated with a series of events and activities promoting health and wellness.

JSP organized fitness initiatives at its plant and mining locations in Barbil, Kasia and Tensa, encouraging employees and the local community



to prioritize well-being. At the Barbil pellet plant, a Mini Marathon - 'Fitathon' saw enthusiastic participation from over 500 employees and their families. The Women's Club at Jindal Nagar held a yoga session for women and children.In Kasia Iron Mines, a Walkathon witnessed participation from more than 200 employees, local villagers and business associates, followed by a special Puja and Havan at the colony temple. At TRB Mines in Tensa, a morning yoga session was organized for employees and business associates, followed by a Puja and Havan for Shri Naveen Jindal's well-being and success.Jindal Foundation, the social arm of JSP, also marked the occasion. The Barbil unit engaged with local sports enthusiasts at the Jindal Sports Hostel. The Kasia unit hosted friendly cricket and football matches, while Tensa organized a hockey match among local village teams.Dignitaries worldwide extended birthday wishes to Shri Naveen Jindal, including his mother, Smt. Savitri Jindal, former Minister and MLA from Hisar, Haryana. Expressing gratitude, Shri Jindal shared on social media: "Blessings are life's greatest wealth, and I feel truly rich today. Heartfelt gratitude to everyone who took the time to send their wishes and blessings on my birthday. Your kindness and love mean the world to me."The celebrations across JSP locations not only honored Shri Naveen Jindal but also reinforced his life motto of the importance of fitness and well-being as core values within the company and the communities it serves.

Successful Organization of the State-Level Hindi Conference and Workshop



Bhubaneswar, Correspondent):-- The State Office of Nehru Yuva Kendra Sangathan, Odisha, successfully organized the State-Level Hindi Conference and Workshop today at People Padmaja Premium Hotel, Chandrasekharpur, Bhubaneswar. The primary objective of this conference was to promote Hindi as the official language, enhance its implementation in workplaces, and explore its integration with modern technology.The event was presided over by Mr. Shivaji Kharat, Director, Nehru Yuva Kendra Sangathan, Odisha. Prominent speakers included Mr. Abinash Dash, Librarian & Rajbhasha Officer, Institute of Hotel Management, Bhubaneswar, and Mr. Hariram Pansari, Rajbhasha Consultant, STPI.In the first session, Mr. Hariram Pansari delivered an insightful lecture on "Artificial Intelligence and Hindi Language," emphasizing the role of automation tools, voice-to-text technology, and translation software in strengthening Hindi's presence in the digital age. The second session, led by Mr. Avinash Dash, focused on "Youth and Hindi - Implementation & Challenges," highlighting the importance of youth participation in the effective execution of Hindi as an official language in workplaces.The workshop witnessed active participation from District Youth Officers from across Odisha and Nehru Yuva Kendra functionaries. The discussions underscored the need for structured training programs and technological interventions to enhance the use of Hindi in administrative processes.

IMFA appoints Saunak Gupta as CFO

Bhubaneswar, Correspondent):: Indian Metals and Ferro Alloys Ltd (IMFA), the country's leading producer of ferro alloys, today announced the appointment of Saunak Gupta as Chief Financial Officer (CFO) consequent to the retirement of Prem Khandelwal as CFO & Company Secretary after a distinguished tenure of two decades.Mr. Gupta is a qualified Chartered Accountant, Company Secretary and Cost Accountant who has worked in diverse industries such as Blue Star, Wipro, Berger Paints and PwC in a career spanning 26 years. He has handled multiple assignments including



mergers & acquisitions, strategic tie-ups, and managing treasury and financial planning for business growth. He joined IMFA as Deputy CFO in 2023 and demonstrably contributed to the Company's objectives before being elevated as CFO.Commenting on the appointment, Subhrakant Panda, Managing Director said: "In a short span of time Saunak has made his presence felt in not just the finance function but by also helping shapeIMFA's strategic priorities, and I am sure he will contribute significantly to the company's growth trajectory. I also take this opportunity to acknowledge Prem Khandelwal's leadership and pivotal role over the years."

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