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Tata Steel and constructsteel unveil a Steel-Based Zero **Energy Buildingin** Bhubaneswar, Odisha





Middle East imposes Dhurandhar movie ban citing anti-Pakistan theme despite massive success in

Of Zhelyazkov-Led Government

Sofia: The Bulgarian parliament on Friday voted unanimously to approve the resignation of Prime Minister Rossen Zhelyazkov-led government, which had assumed office in January, local media reported.

As many as 227 lawmakers voted in favour of the resignation in the 240-member National Assembly. The parliament's decision came after Zhelyazkov announced government's resignation on Thursday following mass protests in Bulgaria against the ruling majority and particularly, Movement for Rights and Freedoms - New Beginning leader Delyan Peevski and GERB-UDF leader Boiko Borissov, Bulgaria-



elections have been held in Bulgaria since anticorruption protests were held against Borissov government in 2020.On Thursday, Zhelyazkov announced the resignation shortly before the Cabinet faced another vote of confidence, the sixth since it assumed office in January."We have no doubt that in the upcoming vote of no confidence, government will receive support. But for us, the decisions of the

National Assembly have meaning only when they express the will of the sovereign," Politico quoted Zhelyazkov as saying.Zhelyazkov said, "Our desire is to rise to the level of what society expects. At this moment, as the constitution dictates, power derives from the voice of the people. We hear the voice of the citizens protesting against the government.""Young and old, people from different ethnic groups have spoken out for the resignation. We support this civic energy and encourage it," he added.Protests erupted in Bulgaria in November over a budget proposal that imposed higher taxes on the private sector while allocating more funds for the state sector.

Bulgarian Parliament Approves Resignation | Odisha's Coastal Security Gets A Boost With Launch Of OSWALI Institute

BHUBANESWAR, (Correspondent): Chief Minister Mohan Charan Majhi inaugurated the Odisha Watermanship and Lifeguard Institute (OSWALI) at

Ramchandi near Konark, marking a significant milestone in strengthening the state's coastal security, watermanship, and emergency response capabilities. The institute aims to become a national international center for water safety, lifeguard training, and coastal resilience. During the event, the foundation stone was laid for a state-of-the-art scuba complex to enhance advanced underwater rescue training. An MoU was signed between the Odisha **Tourism** Department and Odisha Fire and Emergency



OSWALI will enhance

Odisha's capacity to cope

with natural disasters and

climate change, and

provide training to fire

paramilitary forces,

NDRF, police, and

volunteers from across the

country. The Chief Minister

central

brigades,

maintain and operate it. This training center will increase the prestige of our state. It will give our state a new identity as an example in the field of disaster management training in the country. Employees from other states will come here

and learn from the disaster management model of Odisha.He added that even now we have trainees from states like Nagaland, Uttarakhand, Bihar, Uttar Pradesh etc. in our fold. The institute, established at a cost of Rs 12 crore, has received national recognition, with trainees from states like Nagaland, Uttarakhand, Bihar, and Uttar Pradesh.

Census 2027 Gets Cabinet Nod; Digital Count To Deploy 30 Lakh Personnel And Include Caste Data

government. If the

parties fail to form a

government, Radev will

appoint a caretaker

cabinet to govern the

country until a new

election is conducted. A

total of seven snap

New Delhi: The Union Cabinet, chaired by Prime Minister Narendra Modi, on Friday approved the proposal to conduct the Census of India 2027 at an estimated cost of Rs 11,718.24 crore, marking the country's first fully digital census and one of the largest administrative exercises in the world. The census will be carried out in phases—the Houselisting and Housing Census from April to September 2026, followed by the Population Enumeration in February 2027. In the Union Territory of Ladakh and snowbound areas of Jammu & Kashmir, Himachal Pradesh,



Uttarakhand, Population Enumeration will be conducted earlier, in September 2026, due to weather constraints. Nearly 30 lakh field functionaries—including enumerators. supervisors, master trainers, and census officers—will participate in the operation. For the first time, data will be collected through

mobile applications available on Android and iOS platforms.A dedicated Census Management Monitoring System (CMMS) portal has been developed for real-time tracking of fieldwork, while a new Houselisting Block (HLB) Creator webmapping tool will assist charge officers in digitally defining enumeration areas.

MGNREGA Renamed as Pujya Bapu Gramin Rozgar Yojana NEWDELHI: The

Central Government

Under the earlier framework, programme mandated at least 100 days of paid employment to adult members of rural families volunteered to work. The latest revision expands this to 125 days, strengthening income support for rural communities.Officials emphasised that the renaming reflects Gandhian ideals of rural empowerment, while the expansion of employment days and wages addresses livelihood challenges in

renamed the Mahatma Gandhi National Rural **Employment Guarantee** Act (MGNREGA) as Pujya Bapu Gramin o z g a r Yojana. Alongside the name change, the government increased the minimum guaranteed employment under the scheme to 125 days and revised the minimum wage to Rs 240 per day. The scheme, first introduced in 2005 as the National Rural **Employment Guarantee** Act (NREGA), later became MGNREGA. Built on the principle of ensuring the "right to work," it remains one of India's most significant social security initiatives. Its core objective is to enhance livelihood security for unskilled rural households.

villages.



Over 200 volleyball coaches, players, and experts from across the

globe, including India, will participate in the event, in addition to

500 participants from Odisha.

India And China Hold Discussions On Future Engagements, Export Control Issues

Beijing/New Delhi: India and China held discussions in Beijing over the past two days where both sides took stock of the exchanges and activities planned for the coming year and New Delhi emphasised on the need for early resolution of outstanding issues pertaining to export control, the Ministry of External Affairs (MEA) stated on Friday.Sujit Ghosh,

Joint Secretary (East Asia), visited Beijing from December 11-12, during which he called on China's Vice Foreign Minister Sun Weidong and also held discussions with Director General of the Department of Asian Affairs of the Chinese Ministry of Foreign Affairs. "The discussions were constructive and forward looking. Both sides highlighted the importance of strategic

guidance of the leaders of the two countries, and made a positive assessment of the progress in stabilizing and rebuilding bilateral ties, prioritizing people centric engagements," read a statement issued by the MEA after the conclusion of the visit on Friday."The two sides took stock of the exchanges activities planned for the coming year.

KIIT-DU, Patia, Bhubaneswar kiit@kiit.ac.in Odisha, India 751024

KISS-DU, KISS Campus-3, Bhubaneswar 📟 info@kiss.ac.in Odisha, India 751024

for India's First Digital Census

NEWDELHI: The Cabinet Union approved Rs 11,718 crore to conduct India's first fully digital Census in 2027. The exercise will take place in two phases and involve 30 lakh field workers. Union Minister Ashwini Vaishnaw announced that the government cleared the proposal during a Cabinet meeting chaired by Prime Minister Narendra Modi. He emphasised that the Census will mark a historic shift by adopting mobile-based data collection and a central monitoring portal to ensure accuracy and



efficiency.First, the Census will begin with house-listing and housing surveys from April to September 2026. Next, officials will conduct population enumeration in February 2027. For Ladakh and snow-bound areas of Jammu and Kashmir, Himachal Pradesh, and Uttarakhand, the enumeration will take

place in September 2026. Furthermore, Vaishnaw highlighted that the digital format will capture caste data electronically and deliver cleaner, more reliable datasets. He explained that the new system will improve dissemination, making information accessible in a user-friendly format for policy-making.

In addition, he introduced the concept Census-as-a-Service (CaaS), which will provide ministries with machine-readable, actionable data. This innovation aims to transform government departments use Census information for planning and governance. Finally, officials described the upcoming Census as a gigantic national exercise that will strengthen India's ability to design evidence-based policies and deliver services more effectively.

Cabinet Clears Rs 11,718 Crore Naxalism On Verge Of Being Eradicated In Chhattisgarh, Says CM Sai

Raipur: Naxalism in Chhattisgarh is "on the verge of extinction", Chief Minister Vishnu Deo Sai declared while completing his two years in office. Speaking to media persons, the Chief Minister said that security forces have neutralised 505 Maoists, while 2,386 Maoists have surrendered and 1,901 have been arrested.

Sixty-nine security camps have been established in affected regions, CM Sai said while the Niyada Nella Nar Yojana rehabilitation policy has encouraged integration into mainstream society. He added that overcoming the Maoist menace was a major success in the past two years. Fifty schools and several hospitals which were shut due to violence have reopened, and development has reached 403 villages with paved roads, health centres, mobile towers, and ration shops. A monthly stipend of Rs 10,000 for surrendered Maoists over three years has been introduced to rehabilitation.CM Sai themed the celebration as "Continuous Service, Continuous Development", highlighting the state government's achievements since he was sworn in on December 13. The Chief Minister underscored housing, agriculture, welfare, and security as key areas of progress, asserting that his administration has delivered on promises left unfulfilled by the previous Congress-led state government.he Chief Minister announced that his first Cabinet decision had sanctioned 1.8 million houses, with many already handed over to beneficiaries and more under construction. Farmers, he said, have received the promised Rs 3,100 per quintal for paddy purchases, with payments within cleared week. "Outstanding bonuses worth Rs 9,700 crore were disbursed to 1.3 million farmers soon after the state government took charge, while two years' pending bonuses have also been settled."He also added that women's empowerment was another focus of his government, with 22 installments of the Mahatari Vandan Yojana releasing Rs 14,000 crore directly into their bank accounts. Schemes such as Charan Paduka Yojana have been revived, free rations are reaching 7.3 million poor families, and landless farmers are being supported with Rs 10,000 each.

36 IAS Officers Transferred In Bihar

Patna: The General Administration Department of the Bihar government issued a notification on Friday, ordering the transfer and posting of several Indian Administrative Service (IAS) officers. The reshuffle involves significant changes in responsibilities for senior officials, including multiple sub-divisional officers. According to the notification, Mayank Warvade, Project Director of the Bihar Education Project Council, has been transferred and appointed Secretary of the Planning and Development Department until further orders.He will continue

charge of Investigation Commissioner.

Senior IAS officer S Kapil Ashok has been given the additional charge of Managing Director, Bihar State Fruit and Vegetable Development Corporation.

Amit Kumar Pandey has been appointed Executive Director of the State Health Committee, while Sunil Kumar has been appointed Managing Director of the Bihar State Food and Civil Supplies Corporation. Anil Kumar will now assume the role of Director of the Information and Public Relations Department.

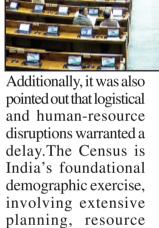
Suharsh Bhagat has

been appointed Director of Land Records and Survey, Aman Sameer Director of Micro, Small and Medium Industries, and Manish Kumar Meena Director Mines.Changes have also been made within the Education Department, with Vikram Virkar appointed Director of Primary Education and Naveen Kumar appointed Project Director of the Bihar Education Project Council. Deputy Development Commissioners (DDCs) and Sub-Divisional Officers (SDOs) have also been transferred to expedite development

work in the districts.

Parliament To Accommodate More Lawmakers After Census And Delimitation That Will Follow

New Delhi: In a significant decision, the government on Friday (December 12) approved a two-phase, fully digital Census 2027 with an allocation of Rs 11,718 crore. According to officials, the digital design will speed operations and improve data quality. The decadal count was postponed from 2021 largely because of the COVID-19 pandemic and its aftermath, with authorities arguing that immediate postpandemic enumeration in countries many produced quality and coverage problems.



allocation, and the legal

process of delimitation

that shapes electoral rolls.Incidentally, India's last full census in 2011 recorded a population of 1.21 billion, documented trends in urbanisation, literacy gains, and a slowly improving sex ratio. Such data help in guiding a decade of policy and planning.

are the primary source for socio-economic indicators used by ministries, states, and researchers to design welfare schemes and infrastructure investments. The population count helps the constitutional process delimitation, redrawing constituency boundaries to ensure, roughly, equal representation. It supplies demographic frame that forms the base for electoral rolls and for sample groups selected for surveys.

These decadal snapshots

However,

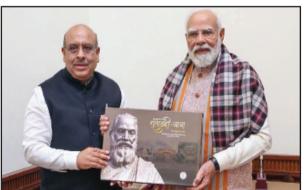
delayed process and the decision to include caste data have raised political and technical concerns; so decides.

Delhi Speaker Presents Book On Assembly's | Provisions For Disabled Litigants' Ease Part Of Parliamentary Legacy To PM Modi eCourts Project: Arjun Ram Meghwal

New Delhi: Prime Minister Narendra Modi on Friday met Assembly Delhi Speaker Vijender Gupta, who presented him a specially curated coffee table book on the city legislature's parliamentary legacy.

to hold the additional

The book 'Delhi Legislative Assembly presents Shatabdi-Yatra, Veer Vithalbhai Patel' is dedicated to Vithalbhai Patel, the first Indian elected Speaker of the Central Legislative Assembly. The book is a historical document chronicling India's parliamentary journey from 1925 to 2025 and is dedicated



Vitthalbhai Patel. Speaking about the publication, Gupta gave a brief that the Coffee Table Book encapsulates century-long journey of India's legislative democratic transformation.The volume brings together rare archival photographs, historic documents, and

defining moments that have shaped Indian democracy since the early 20th century, he said. A key highlight of the coffee table book its detailed documentation of the 2025 All India Speakers' Conference, organised to commemorate 100 years of Vithalbhai

first Indian Speaker the Central Legislative Assembly, a milestone that laid the foundation for India's modern parliamentary traditions.During the interaction, Gupta apprised PM Modi that the Assembly's Audit Para Monitoring System (APMS) is now fully operational within the Government of the National Capital Territory of Delhi, making Delhi arguably the first State Assembly in the country to implement such a comprehensive real-time audit monitoring portal.

Patel's election as the

New Delhi: Under the eCourts Project Phase III, 24 components have several measures devised to foster the creation of an accessible digital infrastructure for Persons with Disabilities, along with other citizens, the Parliament was informed on Friday. Minister of State for Law and Justice Arjun Ram Meghwal said that a platform being used in the project has features for easy visibility of content for partially and completely visually challenged citizens."Provision has been made for enhanced accessible ICT-enabled facilities to Persons with Disabilities, migration of websites of 752 Courts (including High Courts) to S3WaaS platform (Secure, Scalable and Sugamya Website as a Service) that makes the website friendly for Persons with Disabilities. S3WaaS platform has features for easy visibility of content for partially and completely visually challenged citizens," he said in reply to a question in Lok Sabha. Sharing information on measures taken by the government to make available affordable, quality and speedy legal services, he said that the Legal Services Authorities (LSA) Act, 1987, provides for free and competent legal services to the weaker sections of society, including Persons with Disabilities (PwD). He said the National Legal Services Authority (NALSA), constituted under the Act, is also implementing a specific Scheme for Persons with Disabilities named NALSA (Legal Services to the Mentally Ill and Persons with Intellectual Disabilities) Scheme, 2024. Meghwal said that this Scheme aims to ensure that legal services are responsive to the specific legal and social needs of persons with mental illness and while in southern states, there are worries over population-based seat redistribution. The delimitation exercise that follows the decennial Census reallocates seats among states based on updated population figures. The freeze on the total number of Lok Sabha seats is due to be revisited after 2026, which opens the door to redistribution and potential increases in total seats if Parliament

persons with intellectual

Under this Scheme, specialised

'Legal Services Unit for Persons

with Mental Illness & Persons with

Intellectual Disabilities called

disabilities.

'Manonyay' (LSUM) units have been established in all States/UTs except Ladakh and Dadra & Nagar Haveli, he said. The MoS said that the government is implementing a Centrally Sponsored Scheme for the development of infrastructure facilities for the District and Subordinate Courts by augmenting the resources of the State Governments/UTs for the construction of Court Halls, Residential Units for Judicial Officers, Lawyers' Hall, Digital Computer Rooms and Toilet Complexes. As per the guidelines of the Scheme, the States/UTs ensure that the proposed infrastructure has a disabilityfriendly design.

In A First, President Murmu Leads Manipur In Commemorating Historic Nupi Lal Day

Imphal: For the first time, Manipur commemorated Nupi Lal Day in the presence of President Droupadi Murmu, who on Friday, led the people of the state in paying tribute to the brave women warriors of the historic "Nupi Lal" movement. The President, accompanied by Governor Ajay Kumar Bhalla, laid

wreaths at the Nupi Lal (also called Nupee Lal) Memorial Complex in Imphal, honouring the brave women warriors of Manipur whose courage continues to inspire generations. The Governor, in a message, said that this day, also popularly known as "Nupilan Numit", stands as a tribute to the extraordinary courage, resilience and patriotic sacrifices of the women of Manipur.He added that the Nupi Lal movements of 1904 and 1939 remain shining chapters in our history where the women of Manipur rose with unmatched unity and spirit against injustice and exploitation."Nupi Lal was not merely a protest but a powerful testimony of women's collective leadership

consciousness. The brave mothers of Manipur transformed their pain into courage that culminated in a movement that continues to inspire generations. Their sacrifices remind us that the progress of any society lies in respecting empowering women," Governor Bhalla said.

and

Chief Secretary Puneet Kumar Goel speaking at the event said that Nupi Lal day is observed to honour the extraordinary courage, unity and resilience of Manipuri women.He asserted that Nupi Lal is not merely a historical event but an enduring symbol of the people's strength, women's leadership collective resistance,

which remains a guiding force for the progress of Manipur.Goel recalled that the Nupi Lal, also known as "Women's War", commemorates two remarkable chapters of resistance led by the Manipuri women. The first Nupi Lal in 1904 emerged against the reimposition of forced labour by the British regime and other

injustices, while the second Nupi Lal in 1939 was a mass movement against wartime hoarding and the export of rice, he noted.He lauded the brave Manipuri women who stood against injustice and policies that threatened the dignity and welfare of the people, saying that their unwavering courage continues to

inspire generations. The Chief Secretary highlighted the enduring resilience of the 'Ima Markets', Asia's largest all-women-led markets, as a testament to the strength and leadership of Manipuri women.He said that they continue to lead and inspire change across various fields, carrying forward the legacy of Nupi Lal.

Urgent Crisis Faces Bargarh's Healthcare System as Fire Safety Threatens Lives: Court Proceedings and Hidden Dangers Uncovered

at the brink of a healthcare nightmare as a secret crisis in fire safety threatens thousands of lives. The High Court has been presented with alarming evidence revealing that nine major hospitals, including the District Headquarters Hospital (DHH) and prominent private clinics and hospitals, are operating without valid fire safety certifications. Despite ongoing legal battles and official notices, these critical facilities continue to care for vulnerable patients in oxygen-rich ICUs and

risk.The controversy centres around Sai Multi Speciality Hospital, which claims compliance until 2024 but faces delays due to disputed extension modifications. Meanwhile, confidential annexure from the Directorate of Fire & Emergency Services exposes a grim reality: ageing government hospitals crowded emergency units are functioning without the mandatory clearances, turning

vital healthcare centres

cancer wards, putting

lives at immediate



into potential death traps.Community members, patients, and medical staff are living in fear as unsafe conditions persist cluttered corridors, loose wiring, locked staircases, and missing

compose a dangerous landscape. Critics question how authorities permit such risk-laden operations while claiming to uphold safety norms. Their demand is apparent: immediate disclosure of fire safety

statuses, halting new admissions in vulnerable areas, and urgent upgrades under judicial supervision. As the court case unfolds and activists rally for accountability, one question haunts the community: if a fire erupts tonight, who will be responsible—the hospital staff, fire services, or the negligent authorities? time The complacency is over. Bargarh's residents are calling for swift and decisive action because lives depend on it. The threat is real, and the clock is ticking.

Odisha Excels in Digital Crop Survey Under AgriStack

Bhubaneswar, (Correspondent): Odisha Government held a state-level management committee meeting on AgriStack under the chairmanship of the Chief Secretary at Lok Bhawan, Bhubaneswar. The meeting reviewed digital crop survey progress and farmer registration initiatives.AgriStack, developed by the Government of India, integrates agricultural data on land and crops to deliver targeted services digitally. Odisha adopted the platform to strengthen crop surveys, farmer identification, GPS-based and mapping of rural

areas. Senior officials, including Dr Arabinda Padhee, Kumar Principal Secretary of Agriculture and Farmers Empowerment, Director of Agriculture Shubham Saxena, and Commissioner of Cooperation Rajesh Prabhakar Patil, attended. Rajeev Chawla, Chief Adviser to the Government of India, and Dr Pramod Kumar Meherda, Additional Secretary, Ministry of Agriculture, joined virtually. The meeting compared digital crop surveys of the kharif and rabi seasons for 2024 and 2025. Kharif crops

included paddy, cotton, maize, millet, and cashew, while rabi crops covered moong, biri, groundnut, and paddy. According to 2025 data, Bargarh and Jharsuguda districts achieved performance in kharif land surveys. Overall success rate across districts reached 94 per cent.Officials noted significant improvements in survey methodology compared to previous years. The Directorate of Economics and Statistics participated in monitoring. Authorities initiated action against surveyors, supervisors, and vendors who failed to perform duties.

CJI Surya Kant to Visit Odisha on Sunday

Bhubaneswar, (Correspondent) Chief Justice of India Justice Surya Kant will arrive in Odisha on Sunday, marking his first visit to the state after taking oath as CJI.Justice Surya Kant will participate in a special discussion session at Saheed Bhavan, Cuttack, organised by the High Court Bar Association. The event will bring together legal luminaries, advocates, and judicial officers to deliberate on key issues of justice delivery and judicial reforms. This visit holds significance as it comes shortly after his elevation as the Chief Justice of India. Legal circles in Odisha have expressed excitement about his participation, noting that his presence will inspire young lawyers and strengthen the bond between the judiciary and the legal fraternity in the state. Officials confirmed that preparations are underway to welcome the Chief Justice.

Tata Steel and constructsteel unveil a Steel-Based Zero Energy Buildingin Bhubaneswar, Odisha

Bhubaneswar, (Correspondent):Tata Steel, in partnership with constructsteel- the steel construction market-development programme of the World Steel Association - today inaugurated a pioneering steelbasedZero Energy Building (ZEB)constructed using advanced Light-Gauge Steel Frame (LGSF) technology.

Narendran, CEO & Managing Director of Tata Steel, inaugurated the 1,836 sq. ft. facility in the presence of Dr Edwin Basson, Director General of the World Steel Association (worldsteel). Built in just 3.5 months, the facility represents a significant step in India's move towards net-zero, energy-efficient, and climate-resilient infrastructure."The



energy buildingreflects future construction, commented Narendran.

partnershipwith constructsteel showcases modern, energyefficient, and lowcarbon solutions can be

across India and integrated mainstream infrastructure."The LGSF technology, precisely manufactured steel sections are assembled like a frame, allows the building to achieve a tight envelope with minimal air leakage, better insulation, and reduced energy loss. Steel makes the structure lighter, faster to build, and highly durable, while its recyclability ensures long-term lower environmental impact. Designed to produce as much energy as it consumes, the steelbased ZEBcombines ultra-low operational energy demand with on-site renewable energy generation, achieving annual netzero energy use.

Fatal Road Mishap In Keonjhar; Three Killed, Two Injured

Keonjhar, (Correspondent):: In a tragic road accident on Friday, three people lost their lives and two others sustained critical injuries after a motorcycle and a scooter collided headon near Sarupata village under Ghatagaon police station limits in Keonjhar district. The deceased have been identified as Dushasan Barik of Asanabahali village and Mana Dalei and Hiranya Senapati Balabhadrapur village. All three reportedly died on the spot due to the impact of the crash. The two critically injured victims immediately rushed to the Keonjhar District Headquarters Hospital, where they undergoing treatment.Police have seized both vehicles involved in the collision and initiated an investigation ascertain the circumstances leading to the fatal accident.

BJD Submits Memorandum to Governor Seeking Action Against BJP MLA Over Gandhi Remarks

Bhubaneswar, (Correspondent):Biju Janata Dal leaders met Odisha Governor Dr Babu submitted memorandum demanding the expulsion of BJP MLA Santosh Khatua from the Assembly. They accused him of making objectionable remarks against Mahatma Gandhi inside the House and displaying indecent behaviour toward w o m e n leaders.Furthermore, BJD leaders reminded the Governor that Santosh Khatua earlier made derogatory comments against senior BJD general secretary Lekhasri Samantsinghar, sparking outrage across the state. They pointed out that complaints were filed with the



Women's Commission, the Director General of Police, the National Commission Women, and even the President of India. However, despite these complaints, authorities did not take action against the MLA.Moreover, the delegation argued that other states acted swiftly in similar cases, while Odisha failed to respond. They stressed repeated misconduct by Khatua emboldened him to insult Mahatma Gandhi

in the Assembly. Therefore, the party urged the Governor to expel him immediately to protect the dignity of the House.

In addition, the memorandum highlighted the unrest in Malkangiri. BJD leaders organised violence erupted despite the presence of police and administration, tarnishing Odisha's image as a peaceful state. They noted that even after the DGP visited the district, normalcy did not

return. Consequently, the party asked the Governor to intervene reassure citizens.Former minister and senior general secretary Tukuni Sahu led the delegation. It included former MPs Rajashree Mallick and Sarmistha Sethi, senior leader Lekhasri Samantsinghar, spokesperson Lenin Mohanty, youth president Chinmaya Sahu, and student leader Ipsita Sahu. They met the Governor at Lok Seva Bhawan and submitted the memorandum. Finally, BJD leaders emphasised that the remarks against Mahatma Gandhi and the failure to control Malkangiri violence demand urgent action.

Two Fraudsters Impersonating Vigilance Officers Arrested in Odisha

Bhubaneswar, (Correspondent):Odisha Vigilance and Rourkela Police arrested two men for impersonating Vigilance Officers and extorting money from a senior OAS officer.The arrest took place on December 11, 2025, at Mendhamal Biramaharajpur.Officials identified the accused as Ganesh Prasad Nanda of Mendhamal village, Subarnapur district, and his relative Pradeep Kumar Panda. They extorted Rs 4 lakhs in two instalments by threatening to implicate the officer in vigilance cases. Nanda used multiple mobile

numbers and displayed a fake Vigilance Officer identity on Truecaller to intimidate officials. The duo targeted government officers with false allegations of bribery and misuse of funds. They demanded money to avoid raids and disproportionate assets searches. Odisha Vigilance received reliable inputs about their activities and launched surveillance. A joint team tracked the accused and executed the arrest. Authorities registered a case at Bonai Police Station (No. 272 dated 11.12.2025) under sections 308(2), 318(4),

319(2) of BNS read with 66(c)(d) of the IT Act, 2005. The accused face charges of cheating, impersonation, and extortion.The Vigilance Directorate confirmed that both men will face trial. Investigators continue to collect evidence and examine their methods. Officials stressed impersonation of Vigilance Officers undermines public trust and damages governance. The Odisha Vigilance crackdown highlights the state's determination to protect officials from intimidation and extortion.

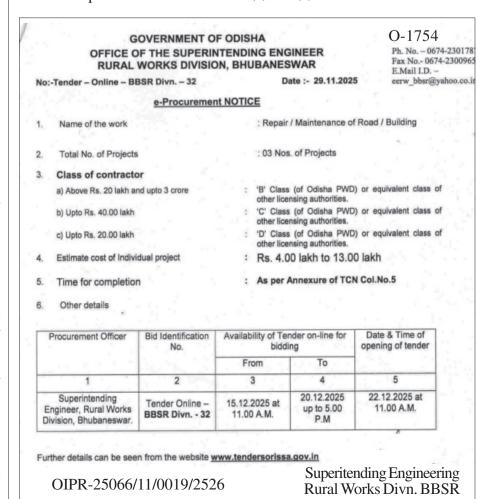
Major Fire Erupts at Bhubaneswar Bar in Satya Vihar; Firefighters Contain Blaze

major fire broke out at a bar in Bhubaneswar's Satya Vihar area on Friday morning, triggering concern among local residents as thick smoke spread across the neighborhood. Several fire tenders from the Odisha Fire Services were immediately dispatched to the scene. According to initial reports, the exact cause of the fire has not yet been confirmed. Authorities are investigating whether

Bhubaneswar, (Correspondent): A the incident was triggered by an electrical short circuit, kitchen malfunction, or any other possible source. Firefighters worked intensively to bring the situation under control and prevent the flames from spreading to nearby buildings in the densely populated locality. Their swift response helped contain the fire in a timely manner. So far, no casualties or injuries have been reported, and officials continue monitoring the site for safety.

Former SI Amin Khan Convicted in Bribery Case

Bhubaneswar, (Correspondent)Odisha Vigilance secured another conviction today as Amin Khan, former Sub-Inspector of Police at Nandankanan PS, Bhubaneswar, received four years rigorous imprisonment and a fine of Rs 10,000 in a bribery case. The Special Judge, Vigilance, Bhubaneswar, convicted Khan under Section 13(2) read with 13(1)(d)/7 of the Prevention of Corruption Act, 1988. Vigilance officials established that Khan demanded and accepted a bribe from a vehicle owner to release a seized tractor and trailer. Furthermore, the court directed that Khan, now retired, be sent immediately to jail to serve his sentence.



EDITORIAL

Reclaiming India's role as a Global Education Hub

India carries a formidable legacy as the cradle of ancient knowledge systems and universities such as Takshashila, Nalanda, Vallabhi, Vikramshila and Odantapuri. For millennia, it has sustained multidisciplinary higher learning that reached far beyond the subcontinent. Today, the global skills and talent landscape is being reshaped at a dramatic pace. This moment offers India an opportunity to reclaim its heritage as a civilisational educator and position its higher education institutions as global hubs of knowledge, research and innovation in the 21st century. Over the last seventy-five years, India's higher education system has expanded enormously. With the launch of the National Education Policy 2020, the country has taken a decisive step towards future readiness by identifying the internationalisation of higher education-especially "internationalisation at home" — as a key driver of systemic transformation. An overwhelming 97 per cent of Indian students study in Indian institutions. They will form the backbone of India's workforce and contribute to the global talent pool as well. Ensuring that their academic experience meets world-class standards is therefore not just a matter of educational quality but of national competitiveness. Yet, a sharp disparity persists in student mobility. Outbound student numbers have surged, with more than 13.35 lakh Indians studying abroad in 2024, predominantly in Anglophone destinations such as Canada, the United States, the United Kingdom and Australia. In contrast, India hosted only about 47,000 foreign students in 2022, nearly a third of them from Nepal. For every international student studying in India, approximately twenty-eight Indian students are enrolled abroad. This is despite regulatory provisions that allow supernumerary seats for international students and a variety of scholarships to support their education in India. The imbalance underscores both the challenge of retaining talent within the country and the difficulty of positioning India as an attractive host destination.

Several forces continue to push Indian students overseas: the appeal of immersive international exposure, the lure of post-study work opportunities and the perception of higher academic quality abroad. The financial implications of this trend are significant. Indian families spend between US\$47-70 billion annually-equivalent to `3.8-6 lakh crore-on overseas education in tuition fees and living expenses alone. This outflow is estimated to be eight to twelve times the central government's higher education budget. Addressing this imbalance makes internationalisation at home not merely desirable but necessary, both for fiscal prudence and systemic strengthening.

Recognising this urgency, India has initiated several major reforms in recent years. The establishment of the IFSCA GIFT City framework in 2022 and the UGC's regulatory framework in 2023 paved the way for international universities to enter India. Deakin University and the University of Wollongong became the first foreign institutions to start operations in GIFT City. The University of Southampton set up the first international branch campus in Gurugram, and several more-including the University of Liverpool, University of York, University of Aberdeen, University of Western Australia, Illinois Institute of Technology and Istituto Europeo di Design — have announced plans to launch campuses in Bengaluru and Navi Mumbai's emerging International Education City.

The National Forensic Sciences University opened a campus in Jinja, Uganda, in 2023. IIŤ Madras and IIT Delhi have launched campuses in Zanzibar and Abu Dhabi, while IIM Ahmedabad has established a presence in Dubai and IIT Bombay in Sendai, Japan. Joint, dual and twinning degree programmes are now possible through collaborations between Indian and foreign universities, and the newly notified Equivalence Regulations 2025 offer clarity on recognising foreign qualifications. For India to evolve into a genuine global education destination, it must strengthen the larger ecosystem. This requires world-class infrastructure, cutting-edge research ecosystems, globally competitive curricula and the ability to attract and retain top faculty, including members of the Indian diaspora. Regulatory processes — from visa facilitation to qualification recognition — must be simplified, and internship opportunities for international students must become more accessible.

India must also strategically fund international research collaborations, global teaching exchanges and faculty mobility to ensure sustained knowledge flows. Equally important is a strong branding and outreach strategy that communicates India's distinctive academic strengths and showcases the achievements of global alumni who studied at Indian institutions. Tailored academic offerings — whether STEM and Bharatiya Gyan Parampara programmes for Western learners or specialised courses in agriculture, healthcare, education and digital finance for African students-can help India address diverse global needs. Looking ahead, India must aim to triple inbound international student enrolment to at least 1.5 lakh by 2030.

Farmers: Backbone of Our Country

Gangadhar Samal

Our country has been known for agriculture ever since the Indus Valley Civilization. Agriculture being the backbone of our economy, we hold a huge market worldwide for agricultural products. Have we ever wondered what's the reason for our flourishing agriculture? Where do the crops and stocks come from? It is none other than our farmers who are skilled in farming. They take up this divine job of feeding a billion people by investing so much risk. When we say risk, it is the problem of farmers for many decades in India. They face a lot of hurdles to do farming because of various reasons. This farmer essay will talk about the value of our farmers. Moreover, it will cover the life of a farmer in our society and the present condition of farmers in our country.

Farmers are undoubtedly the backbone of our country. They are the ones who work to produce the most essential products for human existence. One can possess endless wealth, but at the end of the day what matters is whether he has food on his plate or not. Though we have so much money doesn't mean we can produce food.

We can only buy necessary cereals and

pulses if they are available in the market. Otherwise people will face dreadful famines and die out of starvation. Recalling the worst memory of the Bengal famine, millions of people died because they did not have food to eat. Today we must be grateful for the food we have, because somewhere a farmer is working tirelessly to feed the society. Farmers are very vital because they provide us with the food we eat.

The entire country depends on them because of this. We always talk about farmers and praise them only with words, never do we take any initiative to help farmers. Most farmers depend on harvesting wheat and rice as it is the most consumed food in our country. Be it large scale farmers or small scale farmers, all of them work for a very little profit, but with great satisfaction. All they ask is for the basic requirements to perform agriculture.

Farmers are important for any society despite their geographical location. In a world where we hardly have time to consume our meal, how can we produce our own food? It is impossible for us to grow the necessary cereals and vegetables in our garden. Farmers do the elite task of feeding millions of people! They end up in

loans, debts and so many struggles yet they never quit farming and do other jobs. Farmers do not ask for luxury. In fact, there are lakhs of farmers who still use the ancient lough and ox method to sow the land. They don't even have the resources to own a tractor. It only prevails in India, that farmers do not get any of the advanced technology in agriculture. Talking about technology, it is again a luxury from a farmer's point of view. All that a farmer pleads is for proper water availability and a fair price for the goods they produce. The price of vegetables we buy in our nearby shop doesn't reach the farmer entirely. Hardly quarter the price is what the farmer is getting paid. Most farmers abandon farming because it incurs only loss for them.

Farmers are the important reason for a country to develop and live in harmony. If there are no farmers in the country, people will stumble for food and starve. The least we can do is to support a farmer in whatever way we can. Even a little contribution can be so helpful for a farmer to practice the divine task. People who do farming are no different than God as they provide us food, which is our basic necessity! To conclude, farmers in our country must be supported by all of us to ensure a prosperous future.

Sri Sathya Sai Baba on World Peace

Er. Sachidananda Nanda

Now a days, we find utlessness and chaos all around us. People are trging their best to find ways to be free from chaos and have peace of mind. Many saints and seas are also praying God for the ustoretion of peace in the world. Sri Sathya Sai Baba, the Avatar of the age, has shown the ways and means by following which, man caw attain peace. According his observation people desire a pleasant time, a good position and a happy life. But none attempts to attain sagaity wisdom and character, Very rightly he has said.

Today man is devoid of peace and happiness. How is it that man endowed with a precious and rare life, a soft heart, a sweet mind and valuable time is unable to enjoy the benefits of these valuable possessions and enjoy peace. Unaware of his from potential, man becomes narrow minded, selfish and suffers from lack of mental peace. Imfact, he is being gobbled by the demon of selfishness.

Ancient man led a very peaceful and happy life. Restlessness of mind was alien to him because he adhered to truth and lighteousness Srimad Bhagabat Gita Says, "As is the fire, so is

the smoke; as is the smoke, so is the cloud; as is the cloud, so is the rain; as the rain, so is the crop; as is the crop, so is the food and as is the food, so is the mind. Man's habit of eating and drinking today is not proper.

Man has lost it's true ornament, character, which is the main reason for all his sufferings and misery. Man assigns value to everything in this world, but he is unable to recognise his own value. He has to realise the value of human life. God does not inside in paradise of Kailasa. These are his temporary cawping stations. The true dwelling place of God is the heart of man.

Human birth has not been gifted to man merely to indulge in worldly pleasures. Now of the Worldly pleasures is capable of confering true satisfaction. They only increase the desires more and more. Therefore man should give up worldly desires.

Man must sow the seeds of love in loveless hearts. He should water it with love. The love should flow in hood and reach all. Man should cultivate pure, steady, and unselfish love. Modern man directs his love towards worldly objects and gets entangled in several complications. Baba says "Love lives by giving

and forgiving and self lives by geting and forgetting. Selfish love is like the foul smell of fish. Selfless love must be cultivated. Let others feel and think as they like.

In this world things, good and bad, come and go. World devoid of happiness and musery cannot exit. Pleasure is an interval between two pains. How can one feel pleasure if he has never felt the pain? Meet all contingenees with love. Transform everything into love and suffuse your lives with love. Then there shall be peace and stability in the world. The above prescrkiption of Bhagaban Baba if followed, the result as assaned is guaranted.

In an occasion, Baba said "Human race is highly sacred. It is a sigh of gnorance to give room for difference and conflict without understanding the unity of human race. Man has to recognise the divinity in man as the basis of human unity. The ancient culture of Bharat lays great emphasis on understanding this unity in diversity. This is possible only through love. Love is the true from of God. All are the sparks of Divinity. One should share his love with his fellow beings just as God shares his love with all his children. Love is very sacred. When all will follow this sacred path the world will undoubtful attain peace and prosperity.

Maintaining the inner world amidst the glamor of the outer world is the greatest balance in life

Dr. Priyanka Saurabh

Today's human being is constantly in a race—a race to achieve goals, a race to show off, and a race to meet the expectations of others. In this rush, what is most often missed is one's own inner world. Modern lifestyles have connected us so much to the outside world that we have lost time to be in touch with ourselves. In such times, "solitude" is no longer a luxury but a necessity for mental and spiritual health. This is the moment when life gently tells us—be inwardly alone, don't live aimlessly, meditate, and read good books.

Life's direction becomes clear only when there is peace within. Aimless wandering only tires, not inspires. For the spiritual journey, solitude is the lamp that illuminates the depths of the mind. Meditation and study are two strong pillars that guide those depths. Meditation gives stability, and study provides breadth. Together, they instill purpose, discipline, and creativity in life.

It's not necessary for humans to isolate themselves from society. Humans are social creatures—intermingling with others is a natural part of life. But the real problem arises when we become so immersed in others that we lose the opportunity to truly connect with ourselves. Therefore, taking an hour or two for ourselves every day is not only a key to mental health, but also a key to life management. This time awakens us, washes away fatigue, and replenishes our inner energy. Stay separate, but stay grounded within—this is the ideal

Enjoying solitude isn't an escape. It's a process of self-regeneration. It's the peace that comes from sitting in a corner and bringing the mind back to its original rhythm. It's the space where life's unanswered questions begin to answer themselves. Thoughts are purified, emotions are controlled, and goals become clear. Despite so many benefits, people fear solitude because they haven't practiced sitting with themselves. But the truth is—only a person who is happy with themselves can bring happiness to others. But enjoying solitude doesn't mean turning away from society. A person's personality is complete when they maintain a balance between solitude and interaction. When you meet others, do so with complete love and friendship. Let your presence fill people's hearts with positivity; this is a spiritual practice; and solitude is the foundation of this practice. A person who is stable within becomes an inspiration to others. People never forget seeing such a person; they remember that they met a soul who sowed the seeds of joy and love within them.

The biggest challenge today is that despite living

among people, people are lonely within, and even when alone, they are disconnected from themselves. The glare of social media, the constant flow of information, and the burden of external expectations keep the mind so busy that a moment of peace becomes rare. In such an environment, solitude protects us just as the shore protects a sailor at sea. It becomes our anchor in life's strong winds.

Solitude gives life balance. Meditation gives it depth. Study gives it direction. And love—that's what makes life meaningful. When these four elements come together, life is no longer just a game of external achievements; it becomes a meaningful journey. Society needs such individuals—those who are calm within and compassionate without; those who strengthen the soul in their lonely mornings and bring a smile to the world in their crowded afternoons; those whose presence does not belittle people but elevates them; those who have humility in their words, compassion in their hearts, and perseverance in their lives.

The message is clear—return within yourself. Give direction to your life. Sit alone for a while, but when you meet the world, do so with love and friendship. May people remember you for lighting a small lamp of joy and hope in their hearts. This is the purpose of solitude—to first illuminate yourself and then gently touch the world with that light.

The Country's Population is Aging Rapidly

Dr. Vijay Garg

The country's population is aging rapidly. The number of elderly people is estimated to be 227.4 million by 2036. Challenges such as healthcare, social security, economic dependence and digital amenities are also increasing. In response to a question from Congress MP CK Kumar Reddy, Minister of State for Home Affairs Nityanand Rai in the Lok Sabha, citing the findings of the Technical Group on Population Estimates constituted by the National Population Commission, said that the number of people aged 60 years and above is expected to increase from 10.16 crore in 2011 to 2274 crore in 2036. During the same period, their share in the total population is estimated to increase

from 84 percent to 14.9 percent, meaning that one in every 7 Indians will be a senior citizen. The estimated population by 2036 will be 153 crore. Every fifth Indian will be elderly by 2050: NITI Aayog In the year 2023, NITI Aayog has said that the population of senior citizens is increasing rapidly across the world. The number of elderly people is increasing in India due to falling birth rate and health awareness. The commission had estimated that by 2050, 19.5 percent of the total population will be elderly, which is currently 10 percent. It is estimated that by 2050, every fifth Indian will be elderly. 'Avayya' scheme created for senior citizens The Minister of State for Home Affairs said that the rapid increase in the elderly population will pose challenges in the health, social,

economic and digital sectors. In view of these emerging concerns, the Ministry of Social Justice and Empowerment has implemented the Atan Va Abhudaya Yojana (Avyaya) from April 1, 2021. The main objective of this scheme is to provide basic amenities like shelter, food, medical care and recreational opportunities to senior citizens and to improve their quality of life. To improve the quality of life. Also to promote their productive and active old age. Under this scheme, support and services are being provided to senior citizens across the country. The government has also formed the National Senior Citizens Council, which is chaired by the Minister of Social Justice and Empowerment. This council includes experts and representatives from various fields, who advise on issues related to senior citizens.

40th Annual Sports Meet Celebrated at Shivananda Centenary Boys' School"

Malkangiri, (Correspondent)The 40th Annual Sports Meet of Shivananda Centenary Boys' School was officially inaugurated on 9 December 2025 by Haraprasad Mahapatra, Additional District Magistrate of Malkangiri and an alumnus of the school. Over the span of three days, 26 events such as 100m, 200m, 400m, 800m races, high jump, long jump, shot put, discus throw and others were conducted.Dr. Tapan Kumar Chand, former Director of Vedanta, attended the celebration as the Chief Guest and

Fisheries Department Office Locked Since 5

Years at Mohana Paralakhemundi(Correspondent)-At Mohana block of Gajapati district, since last 5 years office building for Fisheries department constructed. But still that building has been locked.Neither staff coming not their field visit regularized. They are at ease to release their salaries relaxing at their homes. Besides that other core issues like electricity, drinking water, health services & irrigation failed in that block which is second biggest block of Odisha.But more irregularities found by concerned staff.On Fisheries department while interacted with District Fisheries Officer, he said drinking water facilities yet to be fixed in that building.



spoke about sports being an important part of education, helping students become disciplined, of good character, and patriotic citizens. As the Honoured Guest, Rakesh Kumar Patra, Zonal Commissioner of Bhubaneswar Municipality and an alumnus of the school, shared how the school played a major role in

shaping him. In his presidential address, the school secretary Jayachandra Nayak encouraged students to become disciplined and responsible. In the Senior Category, Omanath Charatee became the champion; in the Junior Category, Sujit Kumar Nayak championship; and in Sub-Junior Category, Nayak emerged as champion.

Ashok prize distribution ceremony followed by colourful cultural performances.

Freedom fighter Pandit Narayan's 110th birth anniversary celebrated

Prasad Harichandan has called for bringing to light the sacrifices and contributions of freedom fighter and Pandit Narayan Mishra in India's freedom struggle and attracting the youth towards his ideals. Attending the 110th birth anniversary celebrations of freedom fighter Pandit Narayan Mishra organized at the Jai Rajguru Town Hall, Khordha as the chief guest, Mr. Harichandan spoke about Pandit Mishra's involvement in the Non-Cooperation Movement, starting from the Dandi March. As the keynote speaker

Khordha,(Correspondent)

:Former Minister



Mohanty, Chairman, Vivekananda Group and Secretary of Narayana Smruti Parishad, Dhirendra Nanda, gave the opening remarks and advised the government to take care of the restoration the freedom struggle. of Pandit Mishra's At the beginning of the Sathighara meeting organized 'Swadhinata Sangram under the chairmanship Sainik Sadan' at his of Dr. Niranjan residence.

Two arrested for allegedly defrauding OAS officials of Rs. 4 lakh by impersonating vigilance officers

SUBARNAPUR (Corresp ondent): A senior OAS officer has been accused of cheating by impersonating a Vigilance officer. Brother-in-law has been arrested for cheating him of Rs. 4 lakh. It is learnt that the Vigilance officer and Rourkela police have jointly raided and arrested them. The arrested accused are Ganesh Prasad Nanda of Mendhamal in Birmaharajpur, Subarnapur district and his relative Pradeep Kumar Panda. The accused, impersonating a Vigilance officer,

threatened a senior OAS officer. They threatened to implicate him in a Vigilance case if he did not pay Rs. 4 lakh in two installments. A complaint was filed with the New Vigilance. The OAS officer concerned was scared as the name of the vigilance officer was appearing in the mobile number (true caller) of the accused. Yesterday, a joint team of Odisha Vigilance and Rourkela Police arrested two accused from Birmaharajpur on charges of cheating and extorting money through threats.







Bhubaneswar:(Correspondent):- On Friday evening, three books written by Shri Srinivas Panigrahi, namely Smriti and Geeti (Giti Kavitha), Geeti Parva (Giti Kavitha) and Vision of Life (Adhyatmik Darshan) were read by the Senior Administrator and Chief Guest Dr. Ravi Narayan Senapati, The above books were reviewed by Shri Laxmikant Khuntia, Shri Prabir Mohanty and Professor Shri Durga Prasad Acharya respectively. Author Shri Srinivas Panigrahi gave a timely discussion on the influence of Indian Vedanta on Western civilization. He highlighted how the great union of Odia and Sanskrit was formed in the works of the great poet Jayadeva. Poet Shri Manoj Kumar Mohanty gave a speech on Giti literature. President Shri Ravi Narayan Nanda conducted the meeting. Professor Ansuya Devi proposed the vote of thanks. Finally, a musical program was held on the released Giti poems.

Mental Health Awareness Program in Khaprakhol

Patnagarh-(Correspondent) A mental health awareness program was organized by YCDA at the Balangir district khaprakhol block Mission Shakti Hall under the chairmanship of Program Coordinator Parvathi Swai on Friday. CDPO Amita Panda was the chief guest in the



program, Shri Anna Abhiyan Block Coordinator Umesh Cluster Gupta,

Coordinator Madhav Kharsel, Akshay Bhoi were the guests of honor. On this occasion,

along with a discussion on mental health, it was said that mental patients can be cured with good care, good behavior, counseling and medication. On this occasion, the family heads of the identified mental health patients of the block, Anganwadi **ASHA** workers, workers, MBK, CRP prominently were

ECoR General Manager Reviews Safety & Development Works on Koraput-Rayagada Railway Section

Rayagada/ Koaput (Corespondent) General Manager of East Coast Railway (ECoR), Shri Parmeshwar Funkwal, carried out an extensive inspection of the Koraput-Rayagada railway line today. He was accompanied by Shri Lalit Bohra, Divisional Railway Manager (Waltair Division), Principal Heads of Departments, Branch Officers. The inspection covered key railway establishments, stations, ongoing infrastructure projects, including a detailed window-trailing inspection of tracks, curves, bridges, points & crossings, and yards.At Koraput



Funkwal reviewed passenger amenities and assessed the progress of works under the Amrit Bharat Station Scheme. He later inspected Kakiriguma station, examining the station building and pending development activities.At Lakshmipur Road station, the General Manager inspected the railway colony, health unit, and

interacted with teams from OHE (Electrical-Traction Distribution), Signal & Telecom, Engineering, and Operations, discussing their skills, safety practices, work culture, and grievances. A crucial part of the inspection included Major Bridge No. 354 and a sensitive 5-degree between Sikarpai and Keutguda, where he

evaluated bridge safety, curve stability, track parameters, maintenance challenges by engaging directly with trackmen and gangmen.Later at Rayagada station, Shri Funkwal reviewed the new station building, control room, and recently constructed railway offices. Shri Amitabh Singhal. Divisional Ranway Manager, Rayagada, joined him during the inspection. As a gesture of appreciation, the General Manager felicitated frontline staff, including gangmen and the TRD team, with cash awards, acknowledging their dedication and efficient performance in this challenging section.

Rayagada Celebrates International Human Rights Day in Grand Style Peaceful Struggle Only Path to Secure Constitutional Rights

Rayagada, (Correspondent): The International Human Rights Day was observed with great solemnity at the Lions Club premises in Rayagada Sadar block, organized by the International Human Rights Council, South-West Zone. Hundreds of Dongria tribal women and men, Dalit leaders, and activists gathered to share their stories of struggle. They vividly described how their voices raised for protecting water, forests, and land have led to atrocities by police and mining companies. One



speaker recounted how mining firms dream of turning their region into a "second Mumbai," leaving villages in the Niyamgiri valley desolate devastated.Arjun Kumar, who spent 12 years in jail for protesting injustice, shared his poignant tale. Tribal youth poet Kabita questioned: "Give tribals money, and it vanishes. Offer jobs, and they last only one generation. But this land has sustained their livelihood for centuries and will do so for generations. So, is it not laughable to claim tribal development through handouts, small houses, or scattered medicines

from hilltops?"Niyamgiri Protection Trust Chairman Ram Praskash urged the crowd to continue their peaceful struggle and reject outsiders inciting violence. A female tribal leader from Kalyansinghpur block captivated everyone with her account of the movement. Chief guest

Dr. Badal Kumar Tah addressed the theme, emphasizing "rights to basic necessities" like food, clothing, and shelter, along with dignity—enshrined in the Indian Constitution, especially for Dalits and marginalized communities. He warned that denying rights through duties is alarming and threatens democracy. "The wealth of hill forests forms the foundation of plains' health. Today's tribal and Dalit youth protecting their hills are truly safeguarding the Constitution and leading human society's destiny,"

said. Rayagada Municipal Corporation Deputy Mayor Shubhra Panda, the chief speaker, stated: "Only a casteless society ensures no one's rights are violated. Peaceful struggle firmly secures human rights."The event was presided over by International **Human Rights Council** South-West Zone President Anubrat Bara. Senior journalists Deepak Prusti, Niranjan Pal, Durga Padi, and several intellectuals attended. Veteran human rights activist Nalini Pani proposed the vote of

thanks.

12th Annual Day of Nityananda Pathagar Held

Paralakhemundi,(Correspo ndent)-12th annual day of Nityananda Pathagar held. Balakrushna Patra Councillor graced as chief guest. He assured to solve various issues. Among others President Gourahari Patnaik & Secretary Suryanarayan Patnaik graced on dias. Program coordinated by Mallikarjuna Patnaik Adviser, Harish Chandra Patra, Rabin Patnaik, Durga Prasad Patnaik, Bansidhar Patnaik Narashingha Panigrahi & Dwarikanath Patnaik. Vice President Kailash Patnaik conveyed vote of thanks.

Lost Document

By Virtue of an affidavit before the Notary Public Sabalabhanga, Dist-Angul, Odisha, I Gagan Pradhan aged 57 years, S/o- Late Laxman Pradhan, at-Sabalabhanga po0Kumurisingha, Dist-Angul, do hereby declare that I am the owner of the land having khata no-383/232, plot no-1606/3787/4005, an area of Ac-0.080 of land at sabalabhanga. I have lost the above document during transit to Angul on 10/8/24 I have not given mortgage the above documents in any financial institution I swear this affidavit to produce before the authority as and when required.

Gagan Pradhan.



5 longevity habits to boost strength and metabolism

We all look for ways to live longer: a miracle pill, a superfood smoothie, or a trendy challenge. But what if the keys to a long life are just simple habits that we often forget. When it comes to sustainable wellness for healthy ageing, experts' advice is clear: you can adopt a few lifestyle habits and practise them consistently. These habits require patience, consistency, and self-discipline, but that's where their strength lies.\

What are the 5 pillars of healthy ageing?

1. Strength training

Strength training is important for maintaining muscle health and managing metabolism as we get older. "Strength training protects muscle mass, which is central to glucose management," Dr Divya Sakhalkar, Health and Wellness Expert at OddsFitness, tells Health Shots. When we do resistance exercises, our muscles work more effectively to process blood sugar, helping reduce swings in our metabolism. A study by the American Diabetes Association shows that adults who strength train regularly have a 30-50% lower risk of developing type 2 diabetes.

The health benefits of strength training can help lower the risk of serious health issues such as strokes and dementia, and improve our physical strength. "Working out with weights a few times a week boosts your health", Asad Hussain, a Harvard-trained fitness

2. Sugar intake

Sugar may taste good, but it can harm our bodies, especially as we get older. Dr Sakhalkar explains that "high sugar intake speeds up glycation," which can cause inflammation and, over time, lead to tissue damage and various health problems. A recent study in Frontiers in Immunology showed that cutting back on added sugar can reduce markers of inflammation by 15% in just 3 weeks.

3. Balanced activity routine

Having a good weekly activity routine is very important for your endurance, heart health, and metabolism. Dr Sakhalkar recommends "a mix of strength training, moderate cardio, and mobility work." This balanced routine helps your body manage daily physical demands as you get older.

As Asad says, "Longevity is linked to consistency, not extremes." Regular exercise helps you build strength, flexibility, and coordination over time. Just 30 minutes of moderate exercise, such as brisk walking or cycling, can improve your heart health and metabolism.

4. Prioritising sleep and recovery

Sleep is critical, especially for your metabolism. Dr Sakhalkar explains that "good sleep helps regulate hormones, manage hunger, and support recovery. If you stay up late and don't get enough rest, your body may struggle to recover and handle daily stress.' This can disrupt your metabolic rhythm.

Asad emphasises that "recovery is important to maintaining your strength and energy. Treat sleep as an important part of your health, not a luxury. Aim for 7-9 hours of sound sleep each night." You might also want to create a calming bedtime routine to help your body know it's time to relax and recharge.

5. Sustainable lifestyle habits

Living sustainably helps you stay healthy in the long run. Consistency is key. Dr Sakhalkar says, "Long-term metabolic health comes from small, repeatable habits." Eating regular meals, moving your body every day, and managing stress mindfully all help create a stable foundation for your body.

Asad points out that people who age well tend to have regular routines. To promote a healthy life, consider adopting habits such as preparing nutritious meals, going for daily walks, and practising mindfulness to reduce stress." These habits not only help you stay balanced but also lay the foundation for a lively, energetic life.

Middle East imposes Dhurandhar movie ban citing anti-Pakistan theme despite massive success in India

Gulf Nations Block Release of Ranveer Singh's 'Dhurandhar' Over Narrative Concerns Ranveer's spy thriller banned in Gulf but rules Indian box office While Ranveer Singh's latest action-packed release, Dhurandhar, is setting cash registers ringing across India, it has hit a major roadblock internationally. The highly anticipated spy thriller has been denied a theatrical release in the Middle East. Authorities in six key nations—Saudi Arabia, the United Arab Emirates (UAE), Qatar, Kuwait, Bahrain, and Oman—have refused to screen the film. The primary reason behind the Dhurandhar movie ban appears to be its storyline. Reports suggest that censorship boards in these Gulf countries flagged the film for its "anti-Pakistan" messaging. Sources close to the production revealed to industry insiders that the filmmakers tried hard to get the necessary clearances for the Gulf market, which is usually a goldmine for Bollywood revenue. However, due to the sensitive geopolitical nature of the plot, the approvals

were universally denied. This isn't the first time an Indian film dealing with cross-border tension has faced such a hurdle. In recent years, the Gulf region has become increasingly strict regarding movies that depict Pakistan in a negative light. High-profile movies like Hrithik Roshan's Fighter, Salman Khan's Tiger 3, and The Kashmir Files faced similar restrictions or bans. In some cases, like with Fighter, the movie was pulled from cinemas in the UAE shortly after release. Despite losing out on the lucrative Gulf market, the film is performing exceptionally well domestically. Directed by Aditya Dhar, who returned to the director's chair six years after his blockbuster Uri: The Surgical Strike, the film has already crossed the Rs 200 crore mark in India within just seven days. The movie features a star-studded ensemble cast, including Sanjay Dutt, Akshaye Khanna, R. Madhavan, and Arjun Rampal alongside Ranveer Singh. The plot is said to be grounded in real-world espionage, drawing inspiration from Indian intelligence missions and the events of Operation Lyari. While the international ban is a setback, the film's massive success in India proves that the audience is captivated by Dhar's gritty storytelling.

Is black coffee good or bad for your heart?

Black coffee is one of the most popular beverages worldwide, but many people wonder whether it supports heart health or does more harm than good. By definition, black coffee is brewed without milk, cream, or added

sugar, making it a low-calorie choice that people incorporate into their morning routine. When consumed mindfully, black coffee can offer notable health benefits. including boosting metabolism and suppressing appetite. But it doesn't come without side effects for some people.

Short-term effects of black coffee on the heart

Black coffee contains caffeine, which acts as a stimulant, leading to a temporary rise in blood pressure and heart rate with the intake of 1-3 cups, according to PubMed. The rise in blood pressure due to its intake is larger for those people who don't regularly consume caffeine than in regular drinkers. Expect a brief blood pressure increase after a strong cup if you're not habituated.

Long-term effects of black coffee

Coffee contains a mix of bioactive compounds, including polyphenols, diterpenes, and antioxidants that play a role in boosting the body's metabolism. According to ResearchGate, these compounds may help stimulate thermogenesis, increase energy expenditure, enhance fat oxidation, and suppress appetite. This can lead to better metabolic efficiency and potential weight management.

The dietician says moderate black coffee consumption, which includes the consumption of about 2–3 cups a day, has been linked to better cardiovascular outcomes. Habitual coffee drinkers often develop tolerance to caffeine's bloodpressure-raising effects. Long-term intake is associated with a lower risk of heart failure, stroke, and coronary artery disease, especially when coffee is consumed without sugar, creamers, or syrups.

How does coffee affect cardiovascular health?

Coffee contains bioactive compounds, along with caffeine



and antioxidants that can influence heart and blood vessel function in both positive and negative ways.

Positive effects:

Regular use of coffee in moderate amounts can reduce the risk of hypertension, heart failure, and atrial fibrillation, as per PubMed Central.

The antioxidants and phenolic acids in coffee may help reduce inflammation, support blood vessel (endothelial) function, and improve insulin sensitivity, all of which are good for maintaining good heart health.

A moderate caffeine intake of up to 400 mg per day is considered safe for most adults, says the MDPI Journal.

Negative effects:

The American Heart Association says that in people with severe hypertension or existing cardiovascular disease, drinking large amounts may increase risk. So, moderation and medical supervision matter.

As per PubMed, boiled coffee has higher levels of compounds like diterpenes (such as cafestol and kahweol), which can raise LDL or bad cholesterol, and worsen lipid profiles.

How to drink black coffee safely?

The American Heart Association says ~2–4 cups/day (depending on strength) is safe and may be associated with the lowest cardiovascular risk for many adults. Whereas, if you have uncontrolled hypertension, certain heart conditions, or are pregnant, talk to your doctor about a safe caffeine limit. Official guidance often sets ~400 mg/day as an upper bound for healthy adults and lower limits for pregnancy, says the American Heart Association.

Cardamom tea health benefits explained: Reducing inflammation, helping weight loss and more



Cardamom is a popular spice in Middle Eastern and Asian cuisine. Since ancient times, cardamom has been used as a herbal remedy. With a few ingredients, you can prepare delicious cardamom tea this winter for yourself and your family. Among other benefits, cardamom tea can help you fight a cold, prevent bad breath, and lose weight, according

The spice has two main varieties - green cardamom and black cardamom. Elettaria cardamomum, often known as green cardamom, has a robust, somewhat sweet flavour. Amomum cardamomum, often known as black cardamom, has a smokier flavour that is accentuated by a cool scent and

Cardamom tea benefits

The immune system can be strengthened by the vitamins, minerals, and dietary fibre included in cardamom tea. It has anti-inflammatory qualities. It may help reduce inflammation, reducing instances of sore throat. Cardamom also lowers blood pressure.

According to Healthline, water's temperature reaches 212 antioxidants, which prevent cell damage degrees Fahrenheit, add black tea and inflammation, are found in abundance in cardamom.

Cardamom tea also helps in maintaining a healthy weight. Cardamom powder supplementation helps prevent fat deposits during highfat diet consumption.

Thanks to its antibacterial properties, cardamom tea prevents bad breath as well. It also works well against the buildup of plaque and the formation

Cardamom tea preparation

For a delicious and effective cup of cardamom tea, gather the following ingredients: milk, black tea leaves, black pepper, ground cardamom powder, ground ginger, ground cinnamon, and ground cloves.

In a medium saucepan, bring the milk and water to a rolling boil. Add the cloves cinnamon, fresh ginger, cardamom, and black pepper to it. Once the

leaves to it. Reduce the heat to medium-low, cover the pan, and steep the mixture for 10 minutes. Remove any larger pieces of herbs and spices, as well as any loose tea leaves, using a fine mesh strainer. Use maple syrup or brown sugar to sweeten. Although sugar and other sweeteners can also be used, these two choices work well with the spicy flavour profile.

Elevated levels of cholesterol, triglycerides, and liver enzymes may be reduced by cardamom extract. Additionally, the spice may lessen the incidence of fatty liver disease by preventing liver weight and expansion, as per Healthline.



Lionel Messi's GOAT Tour to Cover Four Indian Cities

NEWDELHI: FIFA World Cup winner Lionel Messi will return to India for the first time in 14 years as part of the GOAT Tour of India, beginning December 13.He will travel across Kolkata, Hyderabad, Mumbai, and New Delhi, accompanied by Inter Miami teammates Rodrigo de Paul and Luis SuarezOn Day 1, December 13, in Kolkata, Messi will arrive early morning and check into a five-star hotel on EM Bypass. He will inaugurate a 70foot statue titled Monumento de Messi, created by artist Monti



Pal, through a virtual ceremony due to security concerns. Later, he will attend a felicitation program at Yuva Bharati Krirangan Stadium from 10 am to 1:05 pm. Bollywood star Shah Rukh Khan, former India cricket captain Sourav Ganguly,

and West Bengal Chief Minister Mamata Banerjee will join him. In addition, Messi will conduct a coaching clinic for children.Later the same day in Hyderabad, Messi will fly to the city to kick off the GOAT Cup exhibition match at Rajiv Gandhi International Stadium at 7 pm, alongside Telangana Chief Minister Revanth Reddy. Afterwards, he will attend a private meetand-greet dinner at Falaknuma Palace with Tollywood stars. On Day 2, December 14, in Mumbai, Messi will participate in a charity fashion show at the Cricket Club of India featuring Bollywood celebrities John Abraham, Kareena Kapoor Khan, and Jackie Shroff. He will also play a padel match coaching clinics for children before meeting with cricket icons, Minister including Sachin Prime Narendra Modi. Tendulkar,

discussions involving Shubman Gill, Rohit Sharma, and MS Dhoni. Later, he will join a coaching clinic at Wankhede Stadium, where 60 children selected under Project Mahadev will train with him. Finally, on Day 3, December 15, in New Delhi, Messi will conclude his tour at Arun Jaitley Stadium, where he will felicitate Minerva Academy, winners of three European youth trophies this year. He will also conduct

Vinesh Phogat Announces Return to Wrestling After Paris Olympics Setback

Three-time Olympian Phogat Vinesh announced her return to wrestling on Friday, a year after retiring in the wake of her Paris Olympics disqualification.

In a heartfelt post on X, Phogat reflected on her journey. "People kept asking if Paris was the end. For a long time, I didn't have the answer. I needed to step away from the mat, from the pressure, from the expectations, even from my own ambitions. For the first time in years, I allowed myself to breathe," she wrote. She explained that reflection



rekindled her passion for the sport. "I still love this sport. I still want to compete. In that silence, I found something I'd forgotten—the fire never left. The discipline, the routine, the fight... It's in my system."Phogat declared her intent to aim for Los Angeles 2028, adding, "This time, I'm not walking

alone. My son is joining my team, my biggest motivation, my little cheerleader on this road to the Los Angeles Olympics."Phogat's career achievements include two World Championships bronze medals, an Asian Games gold, and three Commonwealth Games golds.

Odisha Masters: Unnati, Tasnim And Rounak Enter Semis

Cuttack: Unnati Hooda, Tasnim Mir, Isharani Baruah, Kiran George and Rounak Chouhan all continued their strong run at the Odisha Masters to secure semi-finals spots on Friday.In men's singles second seed Kiran George stayed solid with commanding 21-11, 21-17 win over Rithvik Sanjeevi in 33 minutes. He will next face Rounak Chouhan, who continued his strong surge by upsetting seventh seed and compatriot Sankar Muthusamy Subramanian 21-19, 22-20 in a tight 41-

battle.

minute



Indonesia's Muhamad Yusuf got the better of top seed Tharun Mannepalli 21-9, 22-20 in 49 minutes. The women's singles quarterfinals also saw shocks, with Tanya Hemanth defeating third seed and World Junior Championships silver medallist Tanvi Sharma 21-18, 21-17 in 39 minutes to reach the semifinals. She will face fellow Indian Isharani Baruah, who has been in top form this week. Baruah, who began her campaign with a major upset over second seed Pornpicha Choeikeewong and received a walkover in the next round, extended her fine run by beating sixth seed Anmol Kharb

21-16, 21-14 in 41

minutes.

Top seed Unnati Hooda maintained her dominance with a 21-16, 21-15 win over Anupama Upadhyaya and advanced to the semifinals. Tasnim Mir also produced a strong performance, easing past seventh seed Tung Ciou-Tong of Chinese Taipei to complete an all-Indian semifinals lineup in women's singles assuring India multiple medals.In women's doubles, Ashwini Bhat and Shikha Gautam delivered a strong performance to outplay sixth seeds Kavipriya Selvam and Simran Singhi 21-12, 21-14 and secure a semifinal berth.

ICC, JioStar Quash Exit Rumours; To Continue Four-Year Deal

Dubai: The International Cricket Council (ICC) and JioStar have reaffirmed long-term their partnership and refuted any rumours that the media partner is considering ending the four-year deal."The International Cricket Council (ICC) and JioStar have noted recent media reports concerning the status of the ICC's media rights agreement in India. These reports do not reflect the position of either organisation. The existing agreement between the ICC and JioStar remains fully in force, and JioStar continues as the ICC's



suggestion that JioStar has withdrawn from the agreement is incorrect," the joint statement from ICC and JioStar read.It further stated, "JioStar is fully committed to honour its contractual obligations in letter and spirit. Both

organisations remain focused on delivering

class coverage of upcoming ICC events to fans across India, including the ICC Men's T20 World Cup, one of the sport's most anticipated global tournaments.Advertisers and industry partners will not be impacted, according to the ICC and JioStar, since both parties are taking the

action. "Preparations for these events are progressing exactly as planned, and there is no impact on viewers, advertisers, or industry partners. ICC and JioStar, as long-term commercial partners, maintain regular communication on operational, commercial and strategic matters focused on the role the partnership can play in growing sport."JioStar paid USD 3 billion to acquire the ICC's media rights agreement from 2024 to 2027, guaranteeing the hosting of one major men's international event annually.

necessary

Gavaskar moves Delhi HC seeking protection of personality rights New Delhi: The Objectionable online Objectionable Objectionable

Delhi High Court on Friday asked social media intermediaries to treat a suit filed by former Indian cricket legend Sunil Gavaskar seeking protection of his personality and publicity rights as a formal complaint, and to decide on it within a week under the Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules, 2021. A singlejudge Bench of Justice Manmeet Pritam Singh Arora passed the direction after Gavaskar approached the Delhi High Court alleging misuse of his name,



photographs likeness across social media and e-commerce platforms. Delhi High Court Orders Swift Action on Gavaskar's Personality Rights Complaint

Following the submission of a list of infringing content by Gavaskar's counsel, Justice Arora reiterated her recent position that individuals seeking urgent takedown of

content must first avail the mechanism provided under the 2021 IT Rules before seeking judicial intervention."You know about my order, no? You have to first approach the intermediaries. Let them act on your complaint. I don't know why parties are not using that mechanism. We can take this up after 10 days. They can examine your complaint by then, and you can come back. It will largely take care of your grievance," the judge orally Social remarked. Media Platforms Told to Act Within a Week on Gavaskar's Takedown

Dubai: Vaibhav Sooryavanshi's

blistering 171 off 95 balls powered India U19 to a commanding 234-run victory over UAE U19 in their Asia Cup opener at the ICC Academy Friday.Apart from Suryavanshi's spectacular knock, Aaron George (69) and Vihaan Malhotra (69) contributed with crucial half-centuries. Vedant Trivedi (38), Abhigyan Kundu (32) and Kanishk Chouhan (28) provided the finishing touches to India U19 posting a massive 433/6, the



highest score in tournament's history. It's also India's highest total in U19 ODIs and the thirdhighest ever score in men's U19 one-day cricket. Suryavanshi's knock was laced with nine fours and 14 sixes coming at a strike rate of 180. He brought up his half-century in 30

balls, before getting his century in just 56 deliveries and reaching his 150 in 84 balls.His 14 sixes are the most by any batter in the going

tournament's history, past Afghanistan's Darwish Rasooli who struck 10 against UAE in 2017. In reply, UAE made 199/ 7 in 50 overs, with

Uddish Suri's unbeaten 78 and Prithvi Madhu's fifty being the lone resistance acts for the hosts. India U19 will next face Pakistan U19 in their group stage clash on Sunday. Meanwhile, Pakistan U19 launched their campaign with a crushing 297-run win over Malaysia at The Sevens Stadium. Centuries from Ahmed Hussain and debutant Sameer Minhas powered the side to 345/3 before the bowlers bundled Malaysia out for just 48 in 19.4 overs.Minhas was the star of the show

off 148 balls, striking 11 fours and eight sixes to claim the Player of the Match honour. He shared a mammoth 293-run stand with Hussain, who made 132 off 114 deliveries, and ensured Pakistan's dominance from outset.Malaysia never recovered from early blows in the chase, as Ali Raza struck with the new ball to finish with 3-11, while Mohammad Sayyam also took three wickets and Daniyal Ali Khan and Niqab Shafiq chipped in to complete are sounding win for Pakistan U19.

Mohammed Ben Sulayem Re-Elected FIA President; To Serve Till 2029

Paris: Mohammed Ben Sulayem has been re-elected as the president of the motorsport body FIA and will serve a second four-year term until 2029. The 64-year-old Emirati, who succeeded Jean Todt as head of the world motorsport

governing body in December 2021, was re-elected without opposition at the FIA's annual general assembly Tashkent, Uzbekistan."Thank you to all our FIA members for voting in remarkable numbers and placing your trust in me once again. We have overcome many obstacles but here today, together, we are stronger than ever," said president Mohammed Ben Sulayem."It is truly an honour to be FIA President, and I am committed to continuing to deliver for the FIA, for

Request

motorsport, for mobility, and for our Member Clubs in every region around the world."After potential opponents, including Swiss-French racing driver Laura Villars and American former steward Tim Mayer, were unable to meet the election criteria that required candidates to name a vice president from each of its six global areas, Ben Sulayem ran unchallenged. Only one South American, Brazilian Fabiana Ecclestone, who is married to former Formula One supremo Bernie and a member of

Ben Sulayem's team, was listed on the official list. Each candidate was required to designate one representative from each FIA worldwide region by October 24 the deadline.The FIA has changed significantly over the last four years, enhancing operations,

governance, and the federation's financial stability. The FIA's standing as the world's motorsport regulating organization and the foremost authority on safe, sustainable, and reasonably priced mobility has been reinforced by these

with an unbeaten 177

modifications.Under Mohammed Ben Sulayem's direction, the FIA recovered from a •24.0 million loss in 2021 to a strong operating result of •4.7 million in 2024—the federation's best financial performance in over a decade.

Livelihood Opportunity through Project SHAKTI

Sambalpur, (Correspondent): Aditya Aluminum Lapanga A Unit of Hindalco Industries Limited organized Panchayat level mushroom cultivation training program in collaboration with Krishi Vigyan Kendra Sambalpur.Through our continous effort for the upliftment of Women Self Help Group, today organized Mushroom cultivation training program for 5 SHG group with 50 members including farmers from Periphery 4 villages under Katarbaga Panchayats. SHG members and



famers from Golamal, Brahmanipali, Badmal Katarbaga participated in one day training program at RR colony Ludhapali. Ms. Monalisa Pradhan senior scientist from KVK Sambalpur took the session with some

practical skills and demonstration. SHG members and farmers actively participated with question & answer session and with practical method of preparing the bed for harvesting. Ms. Monalisa briefed on

process, techniques of Mushroom cultivation, benefits, nutritional value of Mushroom, market value and business of Mushroom cultivation. The objective of the Training was to educate them on Mushroom cultivation and to increase their entrepreneurship development through m u s h r o o m cultivation.CSR head Mr. Ravi Niwas, Deputy Manager Manoranjan Behera and Mr. Stephen Arokiaraj IR/ER Head motivated the participants entrepreneurship development skill and to increase their business.



TRL Krosaki Devlops Solar Irrigation Project at Suldia, Lakhnpur, Jharsuguda

Inspection Day Observed at Group Vocational Training Centre, Jagannath Area

Talcher: (Correspondent):-The Group Vocational Training Centre (GVTC), Jagannath Area, observed its Annual Mine Safety Fortnight (AMSF) 2025-26 inspection day with a strong focus on capacity building and labour welfare. As part of the program, the four New Labour Codes of the Government of India were clearly explained to the training participants and from employees various units of Talcher Coalfields, ensuring better awareness and



occasion, informative pamphlets on the new labour regulations were distributed by Sri T. Hari Prasad, DDMS, Bhubaneswar Region-1, who highlighted the importance understanding recent

harmony and safety culture. The inspection program was graced by the presence of several senior officials, includingri Ashok Kumar Dhal, General Manager, Jagannath Area, Sri Sunil Kumar

Sharma, GM (S&R), MCL HQ,Sri Basant Kumar Baral, GVTO, GVTC, Area Safety Officer, Sri Raj Kumar Mohanty, Area Training Officer, Sri Padma Charan Dalai, Sri Ashis Kumar Kamble, ISO Observer, and Sri M. P. Singh, Team Leader, Inspecting Team for GVTC, Jagannath Area.The emphasized continual training, safety preparedness, and upgradation of skills in line with MCL's commitment to safe mining operations and overall workforce

Vedanta Aluminium Powers India's Energy Goals, Consuming 1.57 Billion Units of Green Energy in FY25

Bhubaneswar, (Correspondent): Vedanta Aluminium, India's largest aluminium producer, announced that it consumed 1.57 billion units of renewable energy in FY25, marking a major step forward in its 2030 decarbonisation roadmap. Alongside this, Vedanta Aluminium reported an 8.96% reduction in GHGemissions intensity since FY21, strengthened its long-term plan to source ~1,500 MW of



efficiency projects across operations, underscoring its leadership in India's low-carbon manufacturing transition.In

Vedanta Aluminium expanded its renewable-energy portfolio through longterm renewable powerpurchase agreements, positioning clean energy

as a central pillar of its operational strategy. Vedanta Aluminium hasalso substantially progressed across energy conservation, process optimisation, digital interventions, and resource efficiency. These include advanced wasteheat recovery, improved boiler and turbine performance, deployment of energy-efficient technologies, and realtime monitoring systems to reduce consumption across plant operations.

Adani Skill Development Centre Launches New Welding Training Batch

Dhamra, (Correspondent): Skill Development Centre (ASDC), the skilling arm of the Adani Group, has commenced a new training batch on Welding at its Kuamara Centre, marking another significant step toward empowering local youth through industry-relevant skill development. In its inaugural batch, 22 trainees have enrolled and will undergo comprehensive 75 days of training in multiple welding techniques, designed to align with current industry standards and demands.The inauguration ceremony



was graced by Shri Devendra Thakar, CEO, Dhamra Port, along with senior Heads of Departments from the port. Addressing the trainees, Shri Thakar encouraged them to make full use of the opportunity and highlighted the emerging industrial growth and employment prospects

in the Dhamra region. He emphasized those skilled trades like welding will play a crucial role in the area's expanding industrial ecosystem. Upon successful completion of the training, qualified candidates will have the opportunity to work inside Dhamra Port, where several reputed

companies such as ITD Cementation,, and Thyssenkrupp are actively engaged in large-scale operations. In addition, trainees can also utilize their newly acquired skills within their own communities as an alternative income source. Skilled welders can typically earn between handsome amount per month, enabling financial stability and livelihood enhancement. ASDC remains committed to expanding its skilling initiatives across Bhadrak district and continuously strives to engage local youth in sustainable, skill-based e m p l o y m e n t opportunities.

Samsung Partners with Instamart to Offer Instant Delivery of Galaxy Devices Across Metros in 10 Minutes

Samsung, India's largest consumer electronics brand, today announced a partnership with pioneering quick commerce platform, to make the Galaxy range of products available instantly across key cities. Through this

collaboration, Samsung will offer quick n convenient access to a w i d e portfolio of Galaxy smartphones, tablets, wearables

accessories. Customers can order select Galaxy devices on Instamart and have them delivered to their users in a matter of Instamart, India's doorstep within minutes. We are bringing minutes."At Samsung, we are driven by meaningful innovations that are accessible to everyone. Our partnership with Instamart is another step

towards strengthening our omnichannel strategy and making Galaxy experience available to our most loved devices closer to the users," said Rahul Pahwa, Director, MX Business, Samsung India. "At Instamart, our goal has always been to

anticipate and adapt to the changing lifestyles of our consumers. By partnering directly with Samsung, we're ensuring that high-quality devices are now just a few taps and 10 minutes away, redefining convenience in tech truly means," said Manender Kaushik, AVP, Instamart.

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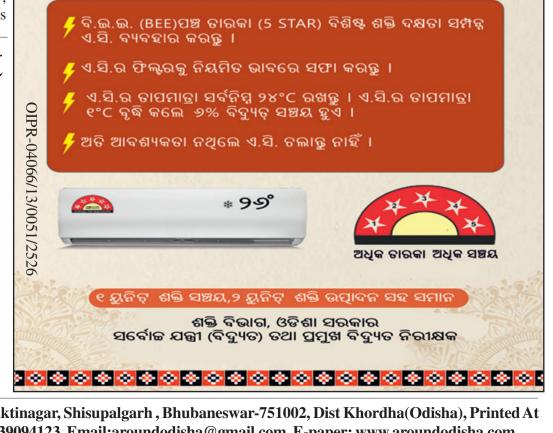
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Divisional Railway Manager Inspects Railway Sidings at Jakhapura and Reviews Infrastructure Works in Jakhapura area Bhubaneswar, (Correspondent): The Jakhapura, closely observing Track conditions, Signaling Systems, Station Divisional Railway Manager of Khurda Amenities and ongoing infrastructural Road Division Shri Alok Tripathi improvements across intermediate conducted a comprehensive inspection

of the Railway Sidings at Jakhapura yesterday as part of an extensive review of operational efficiency and infrastructure readiness. Senior Divisional Officers including the Senior Divisional Commercial Manager Shri Anil Kumar S and Senior Divisional Operating Manager Shri Ashish Kumar Senapati accompanied the DRM during the inspection.DRM undertook a window trailing inspection from Khurda Road to



Stations. The objective was to ensure the highest standards of safety, punctuality and passenger convenience. During the inspection, Shri Tripathi reviewed Station Infrastructure and upkeep, Passenger Amenities at intermediate Stations, ongoing Traffic Facility Works and the measures in place to ensure smooth and disruption-free train operations. The focus remained on strengthening operational reliability and further enhancing service quality across the section.A Detailed Inspection was also carried out at the Nu Vista Limited Siding, where the DRM reviewed siding Operational Efficiency, Loading and Unloading arrangements, Safety Protocols, and the coordination between Railway Operations and the Siding Management.



ଖରାଦିନେ ଏ.ସି.ର ସଠିକ ବ୍ୟବହାର କରି

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